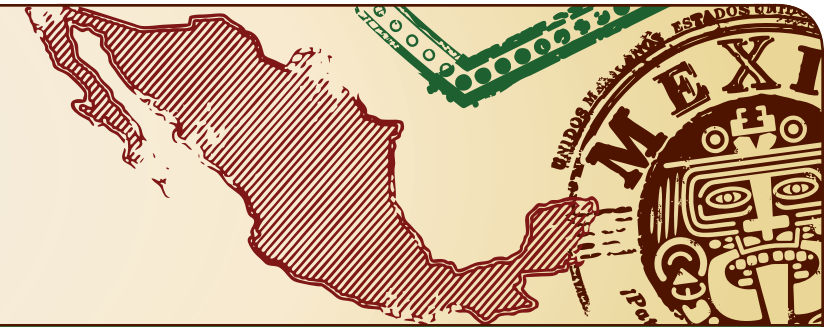




May 2012

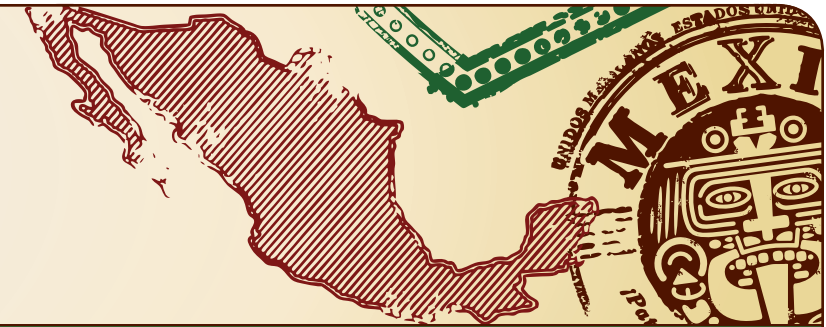


Activities Calendar – Health Center | Owen Valley Health Campus Spencer, IN

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Do you have an interest or hobby? Can you spare an hour each month? We are always looking for VOLUNTEERS, and we find our families are a GREAT source! Please contact the Activity Department for information!</p>	<p>Older American Month: Never Too Old to Play!</p> <p>The last week will feature a Tribute to Monopoly during Meal Time Fun that will award cash to the winner!</p>	<p>1</p> <p>9:30 Jump Start! (Chit Chat and Coffee) 10:00 Forever Fit 11:00 Sensations 11:30 Meal Time Fun 2:30 Bingo 4:00 "5-Alive" 6:15 Movie</p>	<p>2</p> <p>9:30 Jump Start! (Chit Chat and Coffee) 10:00 Forever Fit 11:00 "Sensations " 2:00 Create Sombreros 3:30 Spring Drive-Outing 4:00 Never Too Old to Play!</p>	<p>3</p> <p>9:30 Jump Start! (Chit Chat and Coffee) 10:00 Forever Fit 10:30 Reading With June 11:00 "Sensations " 11:00 Bible Study 11:30 Meal Time Fun 2:30 Turnover 4:00 "5-Alive" 6:15 Meet Me On the Porch</p>	<p>4</p> <p>9:30 Jump Start! (Chit Chat and Coffee) 10:00 Forever Fit 11:00 "Sensations " 11:30 Mexico Fun Facts 1:30-2:30 Sewing Circle 4:00 Mexico Photo Opps! 5:00 Theme Dinner --"Viva Mexico"</p>	<p>5 CINCO DE MAYO</p> <p>10:00 Exercise 10:30 History of Cinco De Mayo 11:00 Water Plants with Residents 11:30 Meal Time Fun 2:30 Movie & Popcorn -Lobby</p>
<p>6</p> <p>F10:00 Sunday Stretch Brunch 11:00-1:00 10:00 May Birthday Quiz 10:30 Reminiscent Corner 2:30 Bible Bingo 3:00 Sing-A Long Religious</p>	<p>7</p> <p>9:30 Jump Start! (Chit Chat and Coffee) 10:00 Forever Fit 11:00 Music on Legacy Lane 11:30 Meal Time Fun 1:30 YMCA Exercise Class 3:15 Cards with June</p>	<p>8</p> <p>9:30 Jump Start! (Chit Chat and Coffee) 10:00 Forever Fit 11:00 Sensations 11:30 Meal Time Fun 2:30 Bingo 4:00 "5-Alive" 6:15 Movie</p>	<p>9</p> <p>9:00 Jump Start! (Chit Chat and Coffee) 9:30-12:00 Appealin' Apparel 11:00 "Sensations " 1:15-2:30 Hall Spa 3:00 Campus Cooks - Cucumber Sandwiches 4:00 Never Too Old to Play! Sports Stories</p>	<p>10</p> <p>9:30 Jump Start! (Chit Chat and Coffee) 10:00 Forever Fit 10:30 Reading w/ June/Walmart Outing 11:00 "Sensations " 11:00 Bible Study 11:30 Meal Time Fun 2:30 Turnover 5:00 50's Family Night 6:00 "Elvis"</p>	<p>11</p> <p>9:30 Jump Start! (Chit Chat and Coffee) 10:00 Forever Fit 11:00 "Sensations " 11:30 Meal Time Fun 1:30-2:30 Sewing Circle 2:45-3:30 Happy Hour in Dinning Room</p>	<p>12</p> <p>10:00 Exercise 10:30 Brain Teasers 11:00 Living Colors Art Exhibit 11:30 Visit Art Exhibit 2:30 Movie & Popcorn -Lobby</p>
<p>13 MOTHER'S DAY</p> <p>10:00 Sunday Stretch 10:30 Mind Joggers 11:30 Meal Time Fun 2:00 Mothers Day Tea 3:00 Movie & Popcorn for the Men -Lobby Living Colors Art Exhibit Continues</p>	<p>14</p> <p>9:30 Jump Start! (Chit Chat and Coffee) 10:00 Forever Fit 11:00 Spencer Christian Church 11:30 Meal Time Fun 1:30 YMCA Exercise Class 3:15 Cards with June</p>	<p>15</p> <p>9:30 Jump Start! (Chit Chat and Coffee) 10:00 Forever Fit 11:00 Sensations 11:30 Meal Time Fun 2:30 Bingo 4:00 "5-Alive" 6:15 Movie</p>	<p>16</p> <p>9:30 Jump Start! (Chit Chat and Coffee) 10:00 Forever Fit 11:00 "Sensations " 1:15-2:30 Hall Spa 3:00 Campus Cooks -Upside Down Cake 4:00 Never Too Old to Play! What Does it Cost to Play?</p>	<p>17</p> <p>9:30 Jump Start! (Chit Chat and Coffee) 10:00 Forever Fit 10:30 Reading With June 11:00 "Sensations " 11:00 Bible Study 11:30 Meal Time Fun 2:30 Turnover 4:00 "5-Alive" in Family Room 6:15 Meet Me On the Porch</p>	<p>18</p> <p>9:30 Jump Start! (Chit Chat and Coffee) 10:00 Forever Fit 11:00 "Sensations " 11:30 Meal Time Fun 1:30-2:30 Sewing Circle 2:45-3:30 Happy Hour in Dinning Room</p>	<p>19</p> <p>10:00 Exercises 10:30 Conversation Cards 11:00 Memorial Chain 11:30 Share Memorial Chain 2:30 Movie & Popcorn -Lobby</p>
<p>20</p> <p>10:00 Sunday Stretch 10:30 Mind Joggers 11:00 Humor Page/Joke 11:30 Meal Time Fun 2:00 Friendship Baptist Church 2:30 Bible Bingo</p>	<p>21</p> <p>9:30 Jump Start! (Chit Chat and Coffee) 10:00 Forever Fit 11:00 Spencer Christian Church 11:00 Music on Legacy Lane 11:30 Meal Time Fun 1:30 YMCA Exercise Class 3:15 Cards with June 4:00 Rag Time Music Man</p>	<p>22</p> <p>9:30 Jump Start! (Chit Chat and Coffee) 10:00 Forever Fit 11:00 Sensations 11:30 Meal Time Fun 2:30 Bingo 4:00 "5-Alive" 6:15 Movie</p>	<p>23</p> <p>9:30 Noodle Stretch Exercise 10:00 Journey's End -Puerto Rico 11:00 "Sensations " 10:30 WOW 1:15-2:30 Hall Spa 2:00 Library 3:00 Campus Cooks - 4:00 Never Too Old to Play! Cars and Indy 500</p>	<p>24</p> <p>9:30 Jump Start! (Chit Chat and Coffee) 10:00 Forever Fit 11:00 "Sensations " 11:00 Bible Study 11:30 Meal Time Fun 11:45 Lunch Outing - Resident Choice 2:30 Turnover 4:00 "5-Alive" 6:15 Spencer Christian Church</p>	<p>25</p> <p>9:30 Jump Start! (Chit Chat and Coffee) 10:00 Forever Fit 11:00 "Sensations " 11:30 Meal Time Fun 1:30 Memorial Chain 2:45-3:30 Happy Hour in Dinning Room</p>	<p>26</p> <p>10:00 Exercise 10:30 Timeless Treasures 11:00 Memorial Chain 11:30 Share Memorial Chain 2:30 Movie & Popcorn -Lobby 3:00 Memorial Chain</p>
<p>27</p> <p>10:00 Sunday Stretch 10:30 Mind Joggers 11:30 Memorial Chain 2:30 Bible Bingo 3:00 Sing-A-Long or Church</p>	<p>28 MEMORIAL DAY</p> <p>9:30 Jump Start! (Chit Chat and Coffee) 10:00 Forever Fit 11:00-12:00 Memorial Chain 2:30 May Birthday Party with Mel & Carol Karaoke</p>	<p>29</p> <p>9:30 Jump Start! (Chit Chat and Coffee) 10:00 Forever Fit 11:00 Sensations 11:30 Meal Time Fun- Monopoly! 2:30 Bingo 3:30 Resident Council 4:00 "5-Alive" 6:15 Movie</p>	<p>30</p> <p>9:30 Jump Start! (Chit Chat and Coffee) 10:00 Forever Fit 11:00 "Sensations " 11:30 Meal Time Fun - Monopoly 1:15 Spencer Dollar General Outing 3:00 Campus Cooks - Orange Pineapple Cake 4:00 Never Too Old to Play! The History of Bingo and other games</p>	<p>31</p> <p>9:30 Jump Start! (Chit Chat and Coffee) 10:00 Forever Fit 11:00 Bible Study 11:00 "Sensations" 11:30 Meal Time Fun - Monopoly 2:30 Turnover 4:00 "5-Alive" 6:15 Spencer Christian Church</p>	<p><i>All groups will be in dining room due to remodel.</i></p> <p><i>Additions and Changes in the calendar will be posted on the bulletin board.</i></p>	<p><i>Campus in Color</i> is an engaging program for residents that want to garden and nurture summer plants. This program will take place in between group activities as well as in groups.</p>



May 2012



Activities Calendar – Daily Rhythms | Owen Valley Health Campus Spencer, IN

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5/4- 5:00 Theme Dinner: Viva Mexico 5/8- 12:00 Taste of the Town 5/12-5/13- 11:00-2:00 Art Walk Come Vote for your favorite Art piece	Calender Changes or Additions will be posted on the Bulletin Board	1 Morning Walk What/Where Am I? Bread Does Anyone Remember? Marble Painting Alan Jackson Basketball Stretching 6:15 Hangman	2 Basketball Celebrity Trivia Cookies Reminisce: Springtime Gardening Music Trivia Corn Hole Courtyard Stroll 6:15 Movie and Popcorn	3 Sittercise Travel Trivia Snack Mix Reminisce:Never Too Old To Play Wood Art 3:00-4:00 HAPPY HOUR Wii 6:15 Spa	4 Noodle Hockey Grocery Shopping Nachos Reminisce: Mexico! Make Sombreros Bowling Photo Opps! "Viva Mexico" theme dinner 6:15 Board Games	5 CINCO DE MAYO Ball Toss Trivia Biscuits and Butter Creations Reminisce: Outdoors Beading Beach Boys Kickball Afternoon Stroll 6:15 Tell All
6 Stretching Bible Trivia Brunch 1:00-1:00 Reminisce: Sunday Picnics Sand Art Gospel Music/ Church Penny Toss Ball Toss 6:15 Topic Ball	7 Kickball Household Trivia Cake Dice/ YMCA Outing Art Exhibit Preparation Patriotic Music Bingo Noodle Hockey 6:15 Card Games	8 Morning Walk What/Where Am I? Bread Does Anyone Remember? Art Exhibit Preparation Alan Jackson Basketball Stretching 6:15 Hangman	9 Basketball Celebrity Trivia Cookies Reminisce: Springtime Gardening Music Trivia Corn Hole Courtyard Stroll 6:15 Movie and Popcorn	10 Sittercise Travel Trivia Snack Mix Reminisce:Mother's & Children's Names Spring Corsages 3:00-4:00 HAPPY HOUR Wii 5:00 Family Night 6:15 Spa	11 Noodle Hockey Grocery Shopping Brownies Reminisce: Fashion Spring Corsages Romance and Ragtime Bowling Yard Darts 6:15 Board Games	12 Ball Toss Trivia Biscuits and Butter Creations Living Colors Art Exhibit Beading Beach Boys Kickball Afternoon Stroll to the Art Exhibit 6:15 Tell All
13 MOTHER'S DAY Stretching Bible Trivia Hot Chocolate/ Beauty Shop Living Colors Art Exhibit Set up for the Tea Party Mother's Day Tea Gospel Music/ Church Penny Toss 6:15 Topic Ball	14 Kickball Household Trivia Cake Dice/ YMCA Outing String Art Patriotic Music Bingo Noodle Hockey 6:15 Card Games	15 Morning Walk What/Where Am I? Bread Does Anyone Remember? Marble Painting Alan Jackson Basketball Stretching 6:15 Hangman	16 Basketball Celebrity Trivia Cookies Reminisce: Springtime Gardening Music Trivia Corn Hole Courtyard Stroll 6:15 Spa	17 Sittercise Travel Trivia Snack Mix Reminisce: Never Too Old To Play Wood Art 3:00-4:00 HAPPY HOUR Wii 6:15 Movie and Popcorn	18 Noodle Hockey Grocery Shopping Brownies Reminisce: Fashion Glitter Art Romance and Ragtime Bowling Yard Darts 6:15 Board Games	19 Ball Toss Trivia Biscuits and Butter Creations Reminisce: Outdoors Beading Beach Boys Kickball Afternoon Stroll 6:15 Tell All
20 Stretching Bible Trivia Hot Chocolate Creations Reminisce: Art Exhibit Sand Art Gospel Music/ Church Penny Toss Ball Toss 6:15 Topic Ball	21 Kickball Household Trivia Cake Dice/ YMCA Outing String Art Patriotic Music Bingo Noodle Hockey 6:15 Card Games	22 Morning Walk Timeless Treasures - Memorial Chain Bread Does Anyone Remember? Marble Painting Alan Jackson Basketball Stretching 6:15 Hangman	23 Basketball Celebrity Trivia Cookies Reminisce: Springtime Gardening Music Trivia Corn Hole Courtyard Stroll 6:15 Spa	24 Sittercise Travel Trivia Snack Mix Reminisce: Memorial Chain Wood Art 3:00-4:00 HAPPY HOUR Wii 6:15 Movie and Popcorn	25 Noodle Hockey Grocery Shopping Brownies Reminisce: Fashion Glitter Art Romance and Ragtime Bowling Yard Darts 6:15 Board Games	26 Ball Toss Trivia Biscuits and Butter Creations Reminisce: Outdoors Beading Beach Boys Kickball Afternoon Stroll 6:15 Tell All
27 Stretching Bible Trivia Hot Chocolate Creations Reminisce: Sunday Picnics Sand Art Gospel Music/ Church Penny Toss Ball Toss 6:15 Topic Ball	28 MEMORIAL DAY Kickball Household Trivia Cake Dice/ YMCA Outing String Art Patriotic Music Bingo Noodle Hockey 6:15 Card Games	29 Morning Walk Timeless Treasures Bread Does Anyone Remember? Marble Painting Alan Jackson Basketball Stretching 6:15 Hangman	30 Basketball Celebrity Trivia Cookies Reminisce: Springtime Gardening Music Trivia Corn Hole Courtyard Stroll 6:15 Spa	31 Sittercise Travel Trivia Snack Mix Reminisce: Last Day of School Wood Art 3:00-4:00 HAPPY HOUR Wii 6:15 Movie and Popcorn	Every Morning: About 8:30 Morning Social About 9:00 Get up & Go About 9:30 Brain Ticklers About 10:00 Creative Cooking About 10:30 Morning Refresher About 11:00 House Keeping About 11:30 Lunch Preparation	About 1:30 Reminisce About 2:00 Creative Hands About 2:30 Afternoon Refresher About 3:00 Musical Celebration About 3:30 Group Games About 4:00 Afternoon Pick-Me-Up Every Evening: 6:15 Gathering of Friends Bedtime Snack