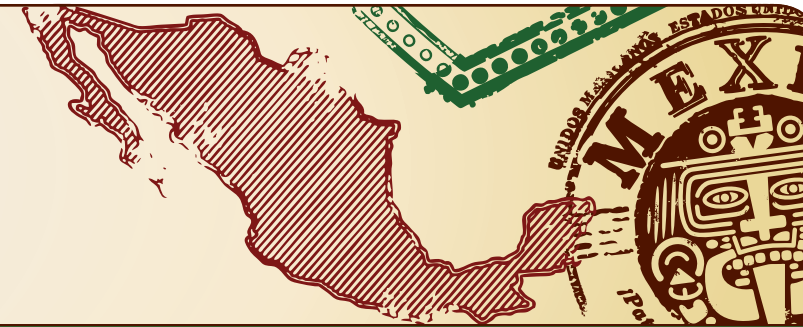




May 2012



Activities Calendar – Health Center | RidgeCrest, Jackson, MI 49203

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
The Reading Buddies continue to visit on Monday afternoons. Be sure to have them share a book with you!	Additions and changes to the calendar will be posted	1 9:30 Popcorn Fun- ACT 10:15 Craft- ACT Mexican Tissue Flowers 11:30 Trivia of Mexico - HC:DR 1:15 Reminisce - ACT 2 Companion Bingo - ACT 6 Pretty Hands & Nails - TS	2 Harry A. - Birthday 9:30 Forever Fit - TS 10 Sing along w/ Students -TS 11:30 ROMEO Club- O 1:15 Social Visits -FW 2:30 Ice Cream Social - CC 3:30 Player Piano Music- CC	3 Marjorie S. Birthday 9:30 Reminisce - AL:LR 10:30 Music by Brad - AL:LR 11:30 Table Talk -AL:DR 1:15 Sewing Circle - ACT 3 Pretty Hands & Nails - ACT 6 Euchre Club - ACT	4 9:30 Forever Fit - TS 10:30 Learn to Speak Spanish -TS 11:30 Trivia of Mexico - HC:DR 1:15 Glamour Hour - ACT 3 Happy Hour - TS Margaritas!! 5 VIVA Mexico Dinner - FW	5 CINCO DE MAYO 9:30 Forever Fit - AL:LR 10:30 Crusade for Christ - AL:LR 11:30 Table Talk - HC:DR 1:15 Recipe Discussion - CC 2 Kitchen Club - CC Quesadilla 3:30 Current Events - CC
6 11am-1pm Brunch (reservations requested) 1:15 Social Visits - FW 2 Living Colors -- ACT Watercolor Painting 3:30 Card Bingo - ACT 6 Fellowship w/ Kassie - FW	7 9:30 Crafts- ACT Twisted Paper Dolls 11:30 Table Talk - HC:DR 1:15 Kitchen Club - CC Cheese Biscuits 3:30 Current Events - CC 6 Pretty Hands & Nails - ACT	8 Margaret B. - Birthday 9:15 Movie - Forest Gump - FW 9:30 Donuts & Coffee - O 1:15 Popcorn Fun - ACT 2 Companion Bingo - ACT 3 Coca-Cola Birthday - ACT Taste Test 4 Current Events - ACT	9 9:30 Forever Fit - TS 10 Sing along w/ Students - TS 11:30 Table Talk - HC:DR 1:15 Social Visits - FW 2:30 Ice Cream Social - CC 3:30 Player Piano Music - CC	10 9:30 Creative Writing w /Courtney -ACT 10:30 Queen's Service - LB 10:45 Seated Kickball - ACT 11:30 Table Talk - HC:DR 1:15 Sewing Circle - ACT 3:30 Reminisce - ACT 6 Euchre Club - ACT	11 Paul A. - Birthday 9 Fundraiser Breakfast - CC 10:30 Forever Fit - TS 11:30 Table Talk - HC:DR 1:15 Activity Bingo - AL:LR 3 Happy Hour - AL:LR Music by Dennis	12 Dorothy C. Birthday 10 Paws in the Park - O Cascade Humane Society- Cascades Park 1:15 Kitchen Club - CC Filled Cup Cakes 3:30 Piano Fun- CC
13 MOTHER'S DAY 9:30 Daily Devotions- ACT 10 Petals & Seeds - ACT for MOM 1:15 Social Visits - FW 2 Hanover Baptist Service - HC:LR 3 Strawberry Shortcake Social - CC 6 Fellowship w/ Kassie - FW	14 9:30 Music to Move You- TS Nat'l Dance Like a Chicken Day 10:30 Word Games - TS 11:30 Dance Trivia - HC:DR 1:15 Sewing Circle - ACT 3:30 Current Events - ACT 6 Crafts - ACT	15 9:30 Popcorn Fun - TS 10:15 Pen Pals - TS 11:30 Table Talk - HC:DR 1:15 Companion Bingo - ACT 3:30 Current Events - ACT	16 9:30 Forever Fit - TS 10 Sing along w/ Students - TS 11:30 Golden Girls - O 1:15 Social Visits - FW 2:30 Ice Cream Social - CC 3:30 Player Piano Music - CC	17 Family Night 9:30 Light & Lively - ACT 10:30 Art Show Prep - ACT 1:15 Pretty Hands & Nails - ACT 3 Glamour Hour - ACT 6 Living Colors - TS Art Show	18 Veva J. Birthday 9 Fundraiser Breakfast - CC 10:30 Forever Fit - TS 11:30 Table Talk - HC:DR 1:15 JoAnn's Fabrics - O Quilting Material 3 Happy Hour - TS	19 Armed Forces Day 9:30 Forever Fit - AL:LR 10:30 Crusade for Christ - AL:LR Ministries 11:30 Table Talk - HC:DR 1:15 Sewing Circle - ACT 3:30 Word Games - ACT
20 9:30 Daily Devotions - ACT 10 Forever Fit - ACT 10:45 Word Games - ACT 11:30 Table Talk - HC:DR 1:15 Outdoor Pleasures - C 2 Salvation Army Service - HC:LR 3 Gardening Club - C 6 Fellowship w/ Kassie - FW	21 9:30 Forever Fit - ACT 10:15 Gardening Club - C 11:30 Flower Trivia - HC:DR 1:15 Kitchen Club - CC <u>3 69th Wedding Anniversary Celebration</u> <u>Mr. & Mrs. Weston</u>	22 9:30 Sittersize - ACT 10:15 Pretty Hands & Nails - ACT 11:30 Table Talk - HC:DR 1:15 Companion Gardening - C 3 Drawing with Terri - ACT 6 Euchre Club - ACT	23 9:30 Forever Fit - TS 10 Sing along w/ Students -TS 11:30 Table Talk - HC:DR 1:15 Social Visits - FW 2:30 Ice Cream Social - CC 3:30 Player Piano Music - CC	24 9:30 Light & Lively - ACT 10:30 Word Games - ACT 11:30 Table Talk - HC:DR 1:15 Sewing Circle - ACT 3 Just Fiddlin Around - AL:LR 6 Pretty Hands & Nails - ACT	25 9:30 Reminisce - ACT 10:15 Activity Bingo - ACT 11:30 Table Talk - HC:DR 1:15 Dollar Store - O 3 Happy Hour - TS 4 Player Piano Music - CC	26 9:30 Sittersize - ACT 10:15 Word Games - ACT 11:30 Table Talk - HC:DR 1:15 Recipe Discussion - TS 2 Kitchen Club - TS Macaroni Salad 3:30 Card Bingo - TS
27 9:30 Daily Devotions - ACT 10 Seated Kickball - ACT 10:45 Word Games - ACT 11:30 Table Talk - HC:DR 1:15 Social Visits - FW 2 Card Bingo - C 6 Fellowship w/ Kassie - FW	28 MEMORIAL DAY 10 - Jackson Memorial Parade - O 1:15 Outdoor Pleasures - C 2 Red, White & Blue Craft - C 3:30 Decoration Day Reminisce - C	29 9:30 Popcorn Fun - CC 10:15 Forever Fit - TS 11:30 Table Talk - HC:DR 1 Sentimental Journey Video - FW 1:15 FireKeeper's Casino - O 3 Gardening Club - C 6 Yahtzee - ACT	30 Emma S. Birthday Nat'l Senior Fitness Day 9:30 Forever Fit - TS 10 Sing along w/ Students - TS 11:30 Table Talk - HC:DR 1:15 Social Visits - FW 2:30 Ice Cream Social - CC 3:30 Player Piano Music - CC	31 9:30 Forever Fit - ACT 10:15 Pretty Hands & Nails - ACT 12 Taste of the Town - FW Fazoli's 1:15 Gardening Club - C 2 Card Bingo - C 3:30 Iced Tea & Talk - C 6 Sewing Circle - ACT	<p>Key: Health Center - HC Library - LB Assisted Living - AL Courtyard - C Town Square - TS Beauty Shop - B Living Room - LR Activity Room -ACT Cascade Cafe - CC Outing - O Lounge - L Facility Wide - FW Sun Room - SR Rehab Cafe - R Dining Room - DR</p>	



May 2012



Activities Calendar – Daily Rhythms | RidgeCrest, Jackson, MI 49203

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>*Every Morning about 9:00 Get Up & Go about 9:30 Brain Ticklers about 10:00 Morning Refresher about 10:30 Housekeeping about 11:00 Creative Cooking about 11:30 Lunch Preparation</p>	<p>*Every Afternoon Relax and Recharge (quiet time) about 1:30 Reminisce about 2:00 Creative Hands about 2:30 Afternoon Refresher about 3:00 Musical Celebration about 3:30 Group Social game about 4:00 Afternoon Pick Me Up about 4:30 Brain Games</p>	<p>1 Morning- Forever Fit Trivia & Jokes Popcorn Afternoon- Sentimental Reflections Living Colors Art Music of the 1940's Late Afternoon Stretch Bean Bag Toss Evening- News & Views</p>	<p>2 Morning -Scarf Exercises Brain Drain Fried Rice Afternoon- Shake Loose a Memory Pencil Drawings Country Music Simon Says... Seated Kickball Evening- The Price is Right</p>	<p>3 Morning- Sittersize Fill in the Blanks Potato Peel *Music by Brad in AL Afternoon -Automobile Memories Model Car Assembly Big Band Sounds Parachute Game Hot Potato Evening- Dominoes</p>	<p>4 Morning- Scarf Exercises Trivia & Jokes Salsa & Chips Afternoon- Coffee Shop Memories Living Colors Art Rhythm Band Corn Hole Game *Viva Mexico Dinner Evening- Hangman</p>	<p>5 CINCO DE MAYO Morning- Sittersize Trivia & Jokes Margaritas Afternoon- Imagination Vacation Mold the Clay Music of Mexico Shake Loose a Memory Stretch and Tone Evening- Happy Humor</p>
<p>6 Morning - Movement to the Music Spelling Bee Brunch 11 am - 1pm (reservations requested) Afternoon- Remember When.. Living Colors Art Instrumental Sounds Walking Club Evening- Shake Loose a Memory</p>	<p>7 Morning - Seated Kickball Baseball Trivia Cheese Biscuits Afternoon- Porch Swing Memories Stained Windows Old Time Favorites Simon Says... The Price is Right Evening- Card Games</p>	<p>8 Morning- Light & Lively Word Opposites Popcorn Afternoon- Shake Loose a Memory Card Making- Pen Pals Sentimental Reflections Balloon Volley Range of Motion Evening- The Price is Right</p>	<p>9 Morning- Movement to the Music Brain Drain Mystery Ride Afternoon- Gardening Memories Flower Pot Decorating Springtime Sounds Word Search Puzzles Afternoon Stretch Evening- Movie & Popcorn</p>	<p>10 Morning- Seated Kickball Fill in the Blanks PB&J Finger Sandwiches Afternoon- Are you an Artist? Living Colors Painting Name That Tune Cloud Trivia Balloon Volley Evening- Bingo</p>	<p>11 Morning- Movement to the Music Spelling Bee Lemon Lime Pie Afternoon- Bird Feeding Reminisce Pinecone Bird Feeders Swing Music Wii Games Stretch and Tone Evening- Card Games</p>	<p>12 Morning- Stretch and Tone Flash of Math Cheese & Crackers Afternoon- Horse Racing Tales Tracing - Horses Sentimental Reflections Parachute Game Movement Therapy Evening- Movie & Popcorn</p>
<p>13 MOTHER'S DAY Morning- Seated Kickball Riddles & Rhymes Strawberry Shortcake Afternoon- Memories of MOM Flower & Lace Frames Living Colors Painting Sing along Wii Games Seated Kickball</p>	<p>14 Morning- Sittersize Flash of Math Deviled Eggs Afternoon- Farming Now & Then Pencil Drawings Swing Music Balloon Volley Range of Motion Evening- Movie & Popcorn</p>	<p>15 Morning- Forever Fit Trivia & Jokes Popcorn Afternoon- Sentimental Reflections Living Colors Art Music of the 1940's Late Afternoon Stretch Bean Bag Toss Evening- News & Views</p>	<p>16 Morning -Scarf Exercises Brain Drain Tortilla Roll Ups Afternoon- Shake Loose a Memory Pencil Drawings Country Music Simon Says... Seated Kickball Evening- The Price is Right</p>	<p>17 Morning- Sittersize Brain Drain Smoothies Afternoon -Filling Station Stories Model Car Assembly Big Band Sounds Parachute Game Hot Potato Evening- Dominoes</p>	<p>18 Morning- Scarf Exercises Trivia & Jokes Donut Holes Afternoon- Coffee Shop Memories Living Colors Art Rhythm Band Corn Hole Game Bowling Evening- Hangman</p>	<p>19 Morning- Sittersize Trivia & Jokes Pudding Parfait Afternoon- Good Luck Charms Mold the Clay Music of the 1950's Shake Loose a Memory Stretch and Tone Evening- Happy Humor</p>
<p>20 Morning - Movement to the Music Daily Devotions Spelling Bee Banana Bread Afternoon- Remember When.. Living Colors Art Instrumental Sounds Walking Club Evening- Shake Loose a Memory</p>	<p>21 Morning - Seated Kickball Baseball Trivia Cheese Biscuits Afternoon- Family Portrait Memories Scrapbooking Old Time Favorites Simon Says... The Price is Right Evening- Card Games</p>	<p>22 Morning- Light & Lively Word Opposites Popcorn Afternoon- Shake Loose a Memory Creative Writing - Poetry Sentimental Reflections Balloon Volley Range of Motion Evening- The Price is Right</p>	<p>23 Morning- Movement to the Music Brain Drain Noodles Afternoon- Gardening Memories Outdoor Pleasures Springtime Sounds Word Search Puzzles Afternoon Stretch Evening- Movie & Popcorn</p>	<p>24 Morning- Seated Kickball Fill in the Blanks Stuffed Raspberries Afternoon- Remember When.. Garden Rocks Name That Tune Cloud Trivia Balloon Volley Evening- Bingo</p>	<p>25 Morning- Movement to the Music Spelling Bee Cookie Mix Up Afternoon- Wedding Flower Memories Flower Collage Swing Music Wii Games Stretch and Tone Evening- Card Games</p>	<p>26 Morning- Stretch and Tone Flash of Math PB&J Finger Sandwiches Afternoon- Gardening Memories Outdoor Pleasures Sentimental Reflections Parachute Game Movement Therapy Evening- Movie & Popcorn</p>
<p>27 Morning- Seated Kickball Riddles & Rhymes Fruit & Jello Afternoon- Spring in the 1930's Spring Stamping Sing along Wii Games Seated Kickball</p>	<p>28 MEMORIAL DAY Morning- Sittersize Flash of Math Blueberry Pie Afternoon- Decoration Day Memories Pencil Drawings Swing Music Balloon Volley Range of Motion Evening- Movie & Popcorn</p>	<p>29 Morning- Forever Fit Trivia & Jokes Popcorn Afternoon- Sentimental Reflections Living Colors Art Music of the 1940's Late Afternoon Stretch Bean Bag Toss Evening- News & Views</p>	<p>30 Morning -Scarf Exercises Brain Drain Smoothies Afternoon- Shake Loose a Memory Pencil Drawings Country Music Simon Says... Seated Kickball Evening- The Price is Right</p>	<p>31 Morning- Sittersize Brain Drain Taste of the Town - Fazoli's Afternoon -Automobile Memories Model Car Assembly Big Band Sounds Parachute Game Hot Potato Evening- Dominoes</p>	<p>*Every Evening Gathering of Friends (games) Bed Time Snack Night Time Traditions</p>	<p>The reading buddies continue to visit on Mondays after school. Hope you enjoy sharing a story with them.</p>