



May 2012



Activities Calendar – Health Center | St. Mary Healthcare Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Residents Birthdays: 05/11 Arlene P. 05/16 Mary Evelyn D. 05/23 Antoinette S.	Theme of the Month: Viva Mexico Mail Delivery 6 days a week Fresh Popcorn Daily	1 10:30 Inspirational Piano Music/ Ruth 11:30 - 1:00 Antique Sopping 11:45 Salsa Word Search Puzzles 2:00 Creative Cooking 3:00 Life Long Learning Scrap booking w/ Lynnette 6:30 Dime Bingo	2 10:00 Communion 10:00 Stretch and Tone 10:30 Sensory Sensations 11:45 Quest for Knowledge 1:00 Workout w/ Regina 2:30 VCC Singers	3 10:00 Stretch and tone 10:30 Nail Spa 11:45 History of Cinco De Mayo 2:00 Senior Scenic Tour 6:30 Candy Bar Bingo	4 10:00 Mass 10:00 Stretch and Tone 10:30 Sensory Sensations 11:45 Quest for Knowledge 1:00 Workout w/ Regina 2:30 Happy Hour w/ Charis V 5:00 Theme Dinner - Viva Mexico	5 CINCO DE MAYO 10:00 Wii, Cards Games 11:45 Word Puzzle 2:00 Quarter Bingo w/Faith 3:00 Bingo Auction 3:30 Chips and Salsa
6 10:00 Wii, Cards Games 11:45 Fact or Fiction 2:30 Worship Services 3:15 Ice Cream Social	7 10:00 Stretch and tone 10:30 Sensory Sensations 11:45 This is the year 1:00 Workout w/ Regina 2:00 Quarter Bingo 3:15 Garden Club	8 10:30 Inspirational Piano Music/ Ruth 11:00 Just Guys Luncheon 11:45 Word Search Puzzles 2:00 Creative Cooking 3:00 Life Long Learning Scrap booking w/ Lynnette 6:30 Dime Bingo	9 10:00 Communion 10:00 Stretch and Tone 10:30 Sensory Sensations 11:45 Quest for Knowledge 1:00 Workout w/ Regina 2:30 Sing-a-long w/ June 3:15 Fact or Crap	10 10:00 Stretch and tone 10:30 Nail Spa 11:45 Jokes and Riddles 2:00 Senior Scenic Tour 215Lafayette Christian School Kids Visit 6:30 Candy Bar Bingo	11 10:00 Mass 10:00 Stretch and Tone 10:30 Sensory Sensations 11:45 Quest for Knowledge 1:00 Workout w/ Regina 2:30 Happy Hour w/Surprise Guest	12 10:00 Wii, Cards Games 11:45 Word Puzzle 2:00 Quarter Bingo w/Faith 3:00 Bingo Auction
13 MOTHER'S DAY 10:00 Wii, Cards Games 12:00 Mother's Day Sunday Brunch 11:45 Fact or Fiction 2:30 Worship Services 3:30 Mother's Day Program	14 10:00 Stretch and tone 10:30 Sensory Sensations 11:45 This is the year 1:00 Workout w/ Regina 2:00 Quarter Bingo 3:15 Garden Club	15 10:30 Inspirational Piano Music/ Ruth 11:00 Senior Scenic Travels 11:45 Word Search Puzzles 2:00 Creative Cooking 3:00 Life Long Learning Scrap booking w/ Lynnette 6:30 Dime Bingo	16 10:00 Communion 10:00 Stretch and Tone 10:30 Sensory Sensations 11:45 Quest for Knowledge 1:00 Workout w/ Regina 1:30 Comfort Creature Visit 2:30 Monthly Birthday Party	17 10:00 Stretch and tone 10:30 Nail Spa 11:45 Jokes and Riddles 2:00 Senior Scenic Tour 2:30 Music w/ Sue Hammer 6:30 Candy Bar Bingo	18 10:00 Mass 10:00 Stretch and Tone 10:30 Sensory Sensations 11:45 Quest for Knowledge 1:00 Workout w/ Regina 2:30 Happy Hour w/ John Bryd	19 10:00 Wii, Cards Games 11:45 Word Puzzle 2:00 Quarter Bingo w/Faith 3:00 Bingo Auction
20 10:00 Wii, Cards Games 11:45 Fact or Fiction 2:30 Worship Services 3:15 Ice Cream Social	21 10:00 Stretch and tone 10:30 Sensory Sensations 11:45 This is the year 1:00 Workout w/ Regina 2:00 Quarter Bingo 3:15 Garden Club	22 10:30 Inspirational Piano Music/ Ruth 11:00 Diamond Divas Luncheon 11:45 Word Search Puzzles 2:00 Creative Cooking 3:00 Life Long Learning Scrap booking w/ Lynnette 6:30 Dime Bingo	23 10:00 Communion 10:00 Stretch and Tone 10:30 Sensory Sensations 11:45 Quest for Knowledge 1:00 Workout with Regina 2:00 Room Visits w/ Robin 2:30 Resident Council Meeting 4:30-6:00 Family Night - Networking Reception	24 10:00 Stretch and tone 10:30 Nail Spa 11:45 Jokes and Riddles 2:00 Senior Scenic Tour 6:30 Candy Bar Bingo	25 10:00 Mass 10:00 Stretch and Tone 10:30 Sensory Sensations 11:45 Quest for Knowledge 12:00 Taste of the Town-Taco Bell 1:00 Workout w/ Regina 2:30 Happy Hour w/ Donna Shaw	26 10:00 Wii, Cards Games 11:45 Word Puzzle 2:00 Quarter Bingo 3:00 Bingo Auction w/Faith
27 10:00 Wii, Cards Games 11:45 Fact or Fiction 2:30 Worship Services 3:15 Hot Fudge Sundaes on Sunday	28 MEMORIAL DAY 10:00 Stretch and tone 10:30 Sensory Sensations 12:00 BBQ Luncheon 1:00 Workout w/ Regina 2:00 Quarter Bingo 3:30 Red, White, and Blue Parfaits	29 10:30 Inspirational Piano Music/ Ruth 11:00 Senior Scenic Travels 11:45 Word Search Puzzles 2:00 Creative Cooking 3:00 Life Long Learning Scrap booking w/ Lynnette 6:30 Dime Bingo	30 10:00 Communion 10:00 Stretch and Tone 10:30 Sensory Sensations 11:45 Quest for Knowledge 1:00 Workout w/ Regina 2:00 Garden Club	31 10:00 Stretch and tone 10:30 Nail Spa 11:45 Jokes and Riddles 2:00 Senior Scenic Tour 6:30 Candy Bar Bingo	Calendar Changes will be posted on the Bulletin Board Ombudsman - Andrea Smothers	May Birthstone - Emerald May Flowers- -Lily of the Valley May Colors - Yellow and Red Older Americans Month National Salsa Month National Herb Month National Military Appreciation Month



May 2012



Activities Calendar – Daily Rhythms | St. Mary Healthcare Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Resident Birthdays: 05/07 Marjorie E. 05/22 Janice D.</p> <p>5/13 12:00 - 1:30 Sunday Brunch Mothers Day in the Health Center 5/27 12:00-1:00 Memorial Day BBQ Luncheon</p>	<p>Every Morning About 9:00 Get up and Go About 9:30 Brain Ticklers About 10:00 Morning Refresher About 10:15 Housekeeping About 10:30 Creative Cooking About 11:15 Lunch Preparation</p>	<p>1 Morning - Balloon Cascade Fruit and Dip Quest for Knowledge Afternoon -Managed Down Town/ Activity Baskets / Life Stations Welcome Bags Senior Idol w/ Stan Opposites Regular Evening Activities</p>	<p>2 Morning - Stretch and Tome Word Knowledge Mix and Bake a Cake Afternoon - Managed Down Town/ Activity Baskets / Life Stations Living Colors- Water Color Painting Senior Idol Bingo Regular Evening Activities</p>	<p>3 Morning -Scarf Juggling History of Cinco de Mayo Mix and Bake a Cake Afternoon - Managed Down Town/ Activity Baskets / Life Stations Foam Crafts Music Video Bean Bag Toss Regular Evening Ativiitesw</p>	<p>4 Morning - Stretch and Tone Math Pages Pudding Tarts Afternoon - Managed Down Town/ Activity Baskets / Life Stations Adult Coloring Happy Hour Jingo Theme Dinner: Viva Mexico</p>	<p>5 CINCO DE MAYO Morning - Balloon Cascade Spelling Bee Make Salsa and have chips Afternoon - Managed Down Town/ Activity Baskets / Life Stations Wii Games Music Video Poetry Reading Regular Evening Act ivies</p>
<p>6 Morning - Aquarobics Bible Stories Fruited Jello Afternoon - Managed Down Town/ Activity Baskets / Life Stations Worship Services Table Bowling Quest for Knowledge Regular Evening Activities</p>	<p>7 Morning - Stretch and Tone Math Pages Pudding Pie Afternoon - Managed Down Town/ Activity Baskets / Life Stations Campus in Color- Gardening Senior Idol Fact or Fiction Regular Evening Act ivies</p>	<p>8 Morning - Balloon Cascade Fruit and Dip Quest for Knowledge Afternoon -Managed Down Town/ Activity Baskets / Life Stations Welcome Bags Senior Idol w/ Stan Opposites Regular Evening Activities</p>	<p>9 Morning - Stretch and Tome Word Knowledge Mix and Bake a Cake Afternoon - Managed Down Town/ Activity Baskets / Life Stations Living Colors - Water Color Painting Sing- a-A- Long w/ June Bingo Regular Evening Activities</p>	<p>10 Morning -Scarf Juggling Quest for Knowledge Mix and Bake a Cake Afternoon - Managed Down Town/ Activity Baskets / Life Stations Foam Crafts Music Video Bean Bag Toss Regular Evening Activities</p>	<p>11 Morning - Stretch and Tone Math Pages Pudding Tarts Afternoon - Managed Down Town/ Activity Baskets / Life Stations Adult Coloring Happy Hour Jingo Regular Evening Act ivies</p>	<p>12 Morning - Balloon Cascade Spelling Bee Bake Muffins Afternoon - Managed Down Town/ Activity Baskets / Life Stations Wii Games Music Video Poetry Reading Regular Evening Act ivies</p>
<p>13 MOTHER'S DAY Morning - Aquarobics Bible Stories Fruited Jello Afternoon - Managed Down Time// Activity Baskets/ Life Stations Worship Services Table Bowling Quest for Knowledge Regular Evening Activities</p>	<p>14 Morning - Stretch and Tone Math Pages Pudding Pie Afternoon - Managed Down Town/ Activity Baskets / Life Stations Campus in Color - Gardening Senior Idol Fact or Fiction Regular Evening Activities</p>	<p>15 Morning - Balloon Cascade Fruit and Dip Quest for Knowledge Afternoon Managed Down Time/Activity Baskets/ Life Stations Welcome Bags Senior Idol w/ Stan Opposites Regular Evening Activities</p>	<p>16 Morning - Stretch and Tome Word Knowledge Mix and Bake a Cake Afternoon Managed Down Time/ Activity Baskets/Life Stations Living Colors Water Color Painting Senior Idol Bingo Regular Evening Activities</p>	<p>17 Morning -Scarf Juggling Quest for Knowledge Mix and Bake a Cake Afternoon - Managed Down Time/ Activity Baskets/Life stations Foam Crafts Music Video Bean Bag Toss Regular Evening Activities</p>	<p>18 Morning - Stretch and Tone Math Pages Pudding Tarts Afternoon - Managed Down Time/ Activity Baskets/Life Stations Adult Coloring Happy Hour Jingo Regular Evening Act ivies</p>	<p>19 Morning - Balloon Cascade Spelling Bee Bake Muffins Afternoon - Managed Down Time/ Activity Baskets/Life Stations Wii Games Music Video Poetry Reading Regular Evening Act ivies</p>
<p>20 Morning - Aquarobics Bible Stories Fruited Jello Afternoon - Managed Down Town/ Activity Baskets / Life Station Worship Services Table Bowling Quest for Knowledge Regular Evening Activities</p>	<p>21 Morning - Stretch and Tone Math Pages Pudding Pie Afternoon - Managed Down Town/ Activity Baskets / Life Station Campus in Color - Gardening Senior Idol Fact or Fiction Regular Evening Activities</p>	<p>22 Morning - Balloon Cascade Fruit and Dip Quest for Knowledge Afternoon - Managed Down Town/ Activity Baskets / Life Station Welcome Bags Senior Idol w/ Stan Opposites Regular Evening Activities</p>	<p>23 Morning - Stretch and Tome Word Knowledge Mix and Bake a Cake Afternoon - Managed Down Town/ Living Colors-Water Color painting Painting Senior Idol 4:30 Family Night Networking Reception in Health Center</p>	<p>24 Morning -Scarf Juggling Quest for Knowledge Mix and Bake a Cake Afternoon -Managed Down Town/ Activity Baskets / Life Station Foam Crafts Music Video Bean Bag Toss Regular Evening Activities</p>	<p>25 Morning - Stretch and Tone Math Pages Pudding Tarts Afternoon - Managed Down Town/ Activity Baskets / Life Station Adult Coloring Happy Hour Jingo Regular Evening Act ivies</p>	<p>26 Morning - Balloon Cascade Spelling Bee Bake Muffins Afternoon - Activity Baskets / Life Station Wii Games Music Video Poetry Reading Regular Evening Act ivies</p>
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