



May 2012



Activities Calendar – Assisted Living | StoneBridge Health Campus, Bedford, IN 47421

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																																
<p><u>Cinco de Mayo Week</u></p> <p>MONTHLY THEME: VIVA MEXICO !! Cinco de Mayo Grand Celebration!</p>		<p>1</p> <p>10:00 Nickel Pitch - HC Dining Room 1:15 Bible Study with Lowell (LLL) Activity Room 4:00 Living Colors (LLL) Activity Room 6:30 White River Baptist Church HC Dining Room</p>	<p>2</p> <p>9:00 Gardening with Master Gardener Cindy (LLL) - Activity Room 10:15 Outdoor Walking Club - AL Lobby 11:00 Bible Study with David Lee Activity Room 2:00 Wii Games - HC TV Room</p> <p>Horse Farm Cruise Leaves at 2:00 P.M.</p>	<p>3</p> <p>10:30 Sally Hall & Name That Tune HC Dining Room 11:30 Pauline's Sing-a-long HC Dining Room 2:30 Activity Cart - Room to Room 4:00 StoneBridge Choir Practice (LLL) AL Dining Room 6:00 Tailored Activities -Room to Room</p>	<p>4</p> <p>10:15 Forever Fit - AL Lobby 11:00 Catholic Communion Service Library/Quiet Room 11:00 Nila Perry Sing-a-long HC Dining Room 3:30 "Mexico" Happy Hour AL Living Room</p> <p>THEME DINNER: "VIVA MEXICO!"</p>	<p>5 CINCO DE MAYO</p> <p>9:00 Exercise - HC TV Room 9:30 Current Events - HC TV Room 10:30 Tony Earl Sing-a-long AL Dining Room 2:00 Cooking "Mexican" Activity Room</p> <p>KENTUCKY DERBY - HC TV ROOM</p>																																
<p>6</p> <p><u>Good Nutrition Week</u></p> <p>9:00 Church with Max & Barb HC Dining Room 10:30 Gospel Music - HC TV Room 11:30 Five-Alive - Restorative Dining 2:00 Bingo - HC Dining Room</p>	<p>7</p> <p>10:15 Forever Fit - AL Lobby 10:30 Visit with Molly, the Golden Retriever - AL Lobby 11:00 The 90's Club - Activity Room 2:00 Monday Bingo - HC Dining Room</p>	<p>8</p> <p>10:00 Nickel Pitch - HC Dining Room 1:15 Bible Study with Lowell (LLL) Activity Room 4:00 Living Colors (LLL) Activity Room 6:30 Popcorn Christian Church Visits Room to Room</p>	<p>9</p> <p>9:00 Gardening with Master Gardener Cindy (LLL) - Activity Room 10:15 Outdoor Walking Club - AL Lobby 11:00 Bible Study with David Lee Activity Room 2:00 Wii Games - HC TV Room</p> <p>Windmill Scavenger Hunt Cruise Leaves at 2:00 P.M.</p>	<p>10</p> <p>10:30 Sally Hall & Name That Tune HC Dining Room 11:30 Pauline's Sing-a-long HC Dining Room 2:30 Activity Cart - Room to Room 4:00 StoneBridge Choir Practice (LLL) AL Dining Room 6:00 Mini Manicures - HC TV Room</p>	<p>11</p> <p>10:15 Forever Fit - AL Lobby 11:00 Nila Perry Sing-a-long HC Dining Room 1:30 Movie Matinee - HC TV Room Residents' Choice 3:30 "Healthy" Happy Hour AL Living Room</p>	<p>12</p> <p>9:00 Exercise - HC TV Room 9:30 Current Events - HC TV Room 10:30 Tony Earl Sing-a-long AL Dining Room 2:00 Cooking "Fresh" Activity Room</p>																																
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<p>20</p> <p><u>Indy 500 Week</u></p> <p>9:00 Church with Max & Barb HC Dining Room 10:30 Gospel Music - HC TV Room 12:00-1:00 SUNDAY FAMILY BRUNCH AL Dining Room 2:00 Bingo - HC Dining Room</p>	<p>21</p> <p>10:15 Forever Fit - AL Lobby 10:30 Visit with Molly, the Golden Retriever - AL Lobby 1:00 Visit with Elkie the Greyhound Room to Room 2:00 Monday Bingo - HC Dining Room</p>	<p>22</p> <p>10:00 Nickel Pitch - HC Dining Room 1:15 Bible Study with Lowell (LLL) Activity Room 4:00 Living Colors (LLL) Activity Room 6:30 Mini Manicures - Activity Room</p>	<p>23</p> <p>9:00 Gardening with Master Gardener Cindy (LLL) - Activity Room 10:15 Outdoor Walking Club - AL Lobby 11:00 Bible Study with David Lee Activity Room 2:00 Wii Games - HC TV Room</p> <p>Strawberry Fields Cruise Leaves at 2:00 P.M.</p>	<p>24</p> <p>10:30 Sally Hall & Name That Tune HC Dining Room 11:30 Pauline's Sing-a-long HC Dining Room 2:30 Activity Cart - Room to Room 4:00 StoneBridge Choir Practice (LLL) AL Dining Room 6:00 Bean Bag Toss - Courtyard</p>	<p>25</p> <p>10:15 Forever Fit - AL Lobby 11:00 Nila Perry Sing-a-long HC Dining Room 1:30 Movie Matinee - HC TV Room "Forrest Gump" 3:30 "Indy 500" Happy Hour AL Living Room</p>	<p>26</p> <p>9:00 Exercise - HC TV Room 9:30 Current Events - HC TV Room 10:30 Tony Earl Sing-a-long AL Dining Room 2:00 Cooking - "INDY 500 Food" Activity Room</p>																																
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><u>Cinco de Mayo Week</u></p> <p>MONTHLY THEME: VIVA MEXICO !! Cinco de Mayo Grand Celebration!</p>		<p>1</p> <p>9:00 Individual Outdoor Walks 10:00 Nickel Pitch - HC Dining Room 11:30 May Day - HC Dining Room 1:15 Bible Study with Lowell (LLL) Activity Room 4:00 Living Colors (LLL) Activity Room 6:30 White River Baptist Church HC Dining Room</p>	<p>2</p> <p>9:00 Gardening with Master Gardener Cindy (LLL) - Activity Room 10:00 Country Music Videos HC TV Room 11:30 Trivia Quiz - HC Dining Room 2:00 Wii Games - HC TV Room</p> <p>Horse Farm Cruise Leaves at 2:00 P.M.</p>	<p>3</p> <p>9:00 Individual Outdoor Walks 10:30 Sally Hall & Name That Tune HC Dining Room 11:30 Pauline's Sing-a-long HC Dining Room 2:30 Activity Cart - Room to Room 4:00 StoneBridge Choir Practice (LLL) AL Dining Room 6:00 Tailored Activities -Room to Room</p>	<p>4</p> <p>9:00 Exercise - HC TV Room 9:30 Current Events - HC TV Room 11:00 Catholic Communion Service Library/Quiet Room 11:00 Nila Perry Sing-a-long HC Dining Room 3:30 "Mexico" Happy Hour AL Living Room</p> <p>THEME DINNER: "VIVA MEXICO!"</p>	<p>5 CINCO DE MAYO</p> <p>9:00 Exercise - HC TV Room 9:30 Current Events - HC TV Room 10:30 Tony Earl Sing-a-long AL Dining Room 11:30 Five Alive Restorative Dining Room 2:00 Cooking "Mexican" -Activity Room</p> <p>KENTUCKY DERBY - HC TV ROOM</p>
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<p>20</p> <p><u>Indy 500 Week</u></p> <p>9:00 Church with Max & Barb HC Dining Room 10:30 Gospel Music - HC TV Room 11:00-1:00 SUNDAY FAMILY BRUNCH HC Dining Rooms 2:00 Bingo - HC Dining Room</p>	<p>21</p> <p>9:00 Exercise - HC TV Room 9:30 Current Events - HC TV Room 10:00 Visit with Molly, the Golden Retriever - HC TV Room 11:30 Music of the 40's - HC Dining 1:00 Visit with Elkie the Greyhound Room to Room 2:00 Monday Bingo - HC Dining Room</p>	<p>22</p> <p>9:00 Individual Outdoor Walks 10:00 Nickel Pitch - HC Dining Room 11:30 Three Down - HC Dining Room 1:15 Bible Study with Lowell (LLL) Activity Room 4:00 Living Colors (LLL) Activity Room 6:30 Mini Manicures - Activity Room</p>	<p>23</p> <p>9:00 Gardening with Master Gardener Cindy (LLL) - Activity Room 10:00 Country Music Videos HC TV Room 11:30 Trivia Quiz - HC Dining Room 2:00 Wii Games - HC TV Room</p> <p>Strawberry Fields Cruise Leaves at 2:00 P.M.</p>	<p>24</p> <p>9:00 Individual Outdoor Walks 10:30 Sally Hall & Name That Tune HC Dining Room 11:30 Pauline's Sing-a-long HC Dining Room 2:30 Activity Cart - Room to Room 4:00 StoneBridge Choir Practice (LLL) AL Dining Room 6:00 Bean Bag Toss - Courtyard</p>	<p>25</p> <p>9:00 Exercise - HC TV Room 9:30 Current Events - HC TV Room 11:00 Nila Perry Sing-a-long HC Dining Room 1:30 Movie Matinee - HC TV Room "Forrest Gump" 3:30 "Indy 500" Happy Hour AL Living Room</p>	<p>26</p> <p>9:00 Exercise - HC TV Room 9:30 Current Events - HC TV Room 10:30 Tony Earl Sing-a-long AL Dining Room 11:30 Five Alive Restorative Dining Room 2:00 Cooking - "INDY 500 Food" Activity Room</p>
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Activities Calendar – Daily Rhythms | StoneBridge Health Campus, Bedford, IN 47421

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>EVERY MORNING About 9:00 Get Up & Go (exercise) About 9:30 Brain Ticklers About 10:00 Morning Refresher About 10:30 Housekeeping About 11:00 Creative Cooking About 11:45 Lunch Preparation 12:00 Lunch</p>	<p>EVERY AFTERNOON Relax & Recharge (quiet time) Activity Kits About 2:15 Creative Hands About 2:45 Afternoon Refresher About 3:15 Musical Celebration About 3:45 Group Social Game About 4:15 Pick-me-up (exercise)</p>	<p>1 Morning - Berta Bowl Legacy Family Feud Make A "Comfort" Dish Afternoon - Activity Kits Life Long Learning With Lowell Name That Tune Bucket Ball Stretch & Sing 7-11 Game</p>	<p>2 Morning - Stretches Fill in the Blank Pie Pickin' Good Afternoon - Activity Kits Plant a Seed Music Legends Charades Stretch & Sing Flip and Find</p>	<p>3 Morning - Pass the Ball Poems & Rhymes Bake Bread Afternoon - Activity Kits Living Colors Legacy Song Birds Lucky Card Stretch & Sing Sock 'Em Game</p>	<p>4 Morning - Move to Music Tickle Your Senses Make Cool Whip Delight Afternoon - Activity Kits Make a Spring Collage Benevolent Ballet Happy Hour & Music Stretch & Sing The Price Is Right</p>	<p>5 CINCO DE MAYO Morning - Balloon Toss Finish the Sentence Make Finger Sandwiches Afternoon - Activity Kits Create A Story Sing-a-long Nickel Pitch Stretch & Sing Movie Night</p>
<p>6 Stretches / 9:00 Church with Max & Barb Bible Trivia / Church on TV Make Deviled Eggs Afternoon - Activity Kits Creative Painting Hymn Sing Balloon Ball Stretch & Sing Bingo</p>	<p>7 Morning - Sittercise Storytelling Make Cookies of Residents' Choice Afternoon - Activity Kits Make Spring Crafts Legacy Song Birds Pictionary Stretch & Sing Jigsaw Puzzles</p>	<p>8 Morning - Berta Bowl Legacy Family Feud Make A "Comfort" Dish Afternoon - Activity Kits Life Long Learning With Lowell Name That Tune Bucket Ball Stretch & Sing 7-11 Game</p>	<p>9 Morning - Stretches Fill in the Blank Pie Pickin' Good Afternoon - Activity Kits Plant a Seed Music Legends Charades Stretch & Sing Flip and Find</p>	<p>10 Morning - Pass the Ball Poems & Rhymes Bake Bread Afternoon - Activity Kits Living Colors Legacy Song Birds Lucky Card Stretch & Sing Sock 'Em Game</p>	<p>11 Morning - Move to Music Tickle Your Senses Make Cool Whip Delight Afternoon - Activity Kits Make a Spring Collage Benevolent Ballet Happy Hour & Music Stretch & Sing The Price Is Right</p>	<p>12 Morning - Balloon Toss Finish the Sentence Make Finger Sandwiches Afternoon - Activity Kits Create A Story Sing-a-long Nickel Pitch Stretch & Sing Movie Night</p>
<p>13 MOTHER'S DAY Stretches / 9:00 Church with Max & Barb Bible Trivia / Church on TV Make Deviled Eggs Afternoon - Activity Kits Creative Painting Hymn Sing Balloon Ball Stretch & Sing Bingo</p>	<p>14 Morning - Sittercise Storytelling Make Cookies of Residents' Choice Afternoon - Activity Kits Make Spring Crafts Legacy Song Birds Pictionary Stretch & Sing Jigsaw Puzzles</p>	<p>15 Morning - Berta Bowl Legacy Family Feud Make A "Comfort" Dish Afternoon - Activity Kits Life Long Learning With Lowell Name That Tune Bucket Ball Stretch & Sing 7-11 Game</p>	<p>16 Morning - Stretches Fill in the Blank Pie Pickin' Good Afternoon - Activity Kits Plant a Seed Music Legends Charades Stretch & Sing Flip and Find</p>	<p>17 Morning - Pass the Ball Poems & Rhymes Bake Bread Afternoon - Activity Kits Living Colors Legacy Song Birds Lucky Card Stretch & Sing Sock 'Em Game</p>	<p>18 Morning - Move to Music Tickle Your Senses Make Cool Whip Delight Afternoon - Activity Kits Make a Spring Collage Benevolent Ballet Happy Hour & Music Stretch & Sing The Price Is Right</p>	<p>19 Morning - Balloon Toss Finish the Sentence Make Finger Sandwiches Afternoon - Activity Kits Create A Story Sing-a-long Nickel Pitch Stretch & Sing Movie Night</p>
<p>20 Stretches / 9:00 Church with Max & Barb Bible Trivia / Church on TV Make Deviled Eggs Afternoon - Activity Kits Creative Painting Hymn Sing Balloon Ball Stretch & Sing Bingo</p>	<p>21 Morning - Sittercise Storytelling Make Cookies of Residents' Choice Afternoon - Activity Kits Make Spring Crafts Legacy Song Birds Pictionary Stretch & Sing Jigsaw Puzzles</p>	<p>22 Morning - Berta Bowl Legacy Family Feud Make A "Comfort" Dish Afternoon - Activity Kits Life Long Learning With Lowell Name That Tune Bucket Ball Stretch & Sing 7-11 Game</p>	<p>23 Morning - Stretches Fill in the Blank Pie Pickin' Good Afternoon - Activity Kits Plant a Seed Music Legends Charades Stretch & Sing Flip and Find</p>	<p>24 Morning - Pass the Ball Poems & Rhymes Bake Bread Afternoon - Activity Kits Living Colors Legacy Song Birds Lucky Card Stretch & Sing Sock 'Em Game</p>	<p>25 Morning - Move to Music Tickle Your Senses Make Cool Whip Delight Afternoon - Activity Kits Make a Spring Collage Benevolent Ballet Happy Hour & Music Stretch & Sing The Price Is Right</p>	<p>26 Morning - Balloon Toss Finish the Sentence Make Finger Sandwiches Afternoon - Activity Kits Create A Story Sing-a-long Nickel Pitch Stretch & Sing Movie Night</p>
<p>27 Stretches / 9:00 Church with Max & Barb Bible Trivia / Church on TV Make Deviled Eggs Afternoon - Activity Kits Creative Painting Hymn Sing Balloon Ball Stretch & Sing Bingo</p>	<p>28 MEMORIAL DAY Morning - Sittercise Storytelling Make Cookies of Residents' Choice Afternoon - Activity Kits Make Spring Crafts Legacy Song Birds Pictionary Stretch & Sing Jigsaw Puzzles</p>	<p>29 Morning - Berta Bowl Legacy Family Feud Make A "Comfort" Dish Afternoon - Activity Kits Life Long Learning With Lowell Name That Tune Bucket Ball Stretch & Sing 7-11 Game</p>	<p>30 Morning - Stretches Fill in the Blank Pie Pickin' Good Afternoon - Activity Kits Plant a Seed Music Legends Charades Stretch & Sing Flip and Find</p>	<p>31 Morning - Pass the Ball Poems & Rhymes Bake Bread Afternoon - Activity Kits Living Colors Legacy Song Birds Lucky Card Stretch & Sing Sock 'Em Game</p>	<p>EVERY EVENING About 6:30 Gathering of Friends (games) Bedtime Snack Nighttime Traditions</p> <p>RESIDENT BIRTHDAYS: 5/04 Annetta D. 5/18 Mildred B. 5/19 Lucille S. 5/28 Stella H.</p>	<p>THEME: "VIVA MEXICO!" THEME DINNER: Friday, 5/04 VAN RIDES: 2:15 Mondays, 5/07 & 5/21 LIBRARY VISIT: 2:00 Thursday, 5/17 FAMILY BRUNCH: 12:00 Sunday, 5/20 TASTE OF TOWN: 12:00 Tuesday, 5/08 FAMILY NIGHT: 5:30 Tuesday, 5/08 LIFELONG LEARNING WITH LOWELL (LLL) 2:00 Every Tuesday</p>