



May 2012



Activities Calendar – Assisted Living | The Heritage Estates

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>May Birthdays:</p> <p>Ruth E. (Estates) 5/15 Agnes E. (Estates) 5/16 John K. (Estates) 5/22 Fred W. (Estates) 5/22</p>		<p>1</p> <p>8:00 Taste of the Town Breakfast - Bob ' Evan's - D</p> <p>9:30 Billiards -C 10:30 Exercise - D</p> <p>2:00 Bingo - D 3:00 Culinary Committee - D 4:00 Happy Hour - L</p>	<p>2</p> <p>8:00 Down on the Farm Breakfast -D</p> <p>9:30 Billiards - C</p> <p>10:30 Nail Spa - C</p> <p>2:00 Wii Strike Zone - D</p> <p>4:30 Card Club - C</p>	<p>3</p> <p>9:30 Billiards - C</p> <p>10:30 Exercise - D</p> <p>2:00 Bingo - D</p> <p>3:15 Blood Pressure Clinic -C</p> <p>3:30 Crafter's Corner - L</p>	<p>4</p> <p>9:30 Billiards - C</p> <p>10:15 St . Michael's Mass - MDR 10:30 Bible Study - C</p> <p>1:00 Wal - Mart - O</p> <p>5:00 Viva Mexico Theme Night - D</p>	<p>5 CINCO DE MAYO</p> <p>10:00 Cinco De Mayo Bingo - D</p> <p>4:30 Card Club - C</p> <p>8:00 Pizza Party - L</p>
<p>6</p> <p>2:30 Worship with Upper Room Church of God -D</p> <p>4:30 Card Club - C</p>	<p>7</p> <p>7-9 Eggs Your Way - D</p> <p>9:30 Billiard's -C</p> <p>10:30 Baker's Dozen - D</p> <p>3:00 Bocce Ball - D</p>	<p>8</p> <p>9:30 Billiards -C</p> <p>10:30 Exercise - D</p> <p>2:00 Bingo - D</p> <p>4:00 Happy Hour - L</p>	<p>9</p> <p>8:00 Down on the Farm Breakfast -D</p> <p>9:30 Billiards - C</p> <p>10:30 Nail Spa - C</p> <p>2:00 Wii Strike Zone - D</p> <p>4:30 Card Club - C</p>	<p>10</p> <p>9:30 Billiards - C</p> <p>10:30 Exercise - D</p> <p>2:00 The Sister's Perform - D</p> <p>3:15 Blood Pressure Clinic -C</p> <p>3:30 Class In Session - L</p>	<p>11</p> <p>9:30 Billiards - C</p> <p>10:30 Bible Study - C</p> <p>10:30 Woody's In Upper Sandusky for Lunch - O</p> <p>4:30 Card Club - C</p>	<p>12</p> <p>10:00 Jingo - D</p> <p>4:30 Card Club - C</p>
<p>13 MOTHER'S DAY</p> <p>2:30 Worship with Upper Room Church of God - D</p> <p>4:30 Card Club - C</p>	<p>14</p> <p>7-9 Eggs Your Way - D</p> <p>9:30 Billiard's -C</p> <p>10:30 Travel Log and Treats - D</p> <p>3:00 Shuffleboard - D</p> <p>6:30 Mother - Daughter Tea Family Night - HDR</p>	<p>15</p> <p>9:30 Billiards -C</p> <p>10:30 Exercise - D</p> <p>2:00 Bingo - D</p> <p>4:00 Happy Hour - L</p>	<p>16</p> <p>8:00 Down on the Farm Breakfast -D</p> <p>9:30 Billiards - C</p> <p>10:30 Nail Spa - C BOOKMOBILE</p> <p>2:00 Wii Strike Zone - D</p> <p>4:30 Card Club - C</p>	<p>17</p> <p>9:30 Billiards - C</p> <p>10:30 Exercise - D</p> <p>2:00 Bingo - D</p> <p>3:15 Blood Pressure Clinic -C</p> <p>3:30 Crafter's Corner - L</p>	<p>18</p> <p>9:30 Billiards - C</p> <p>9:30 Urbana Aviation Museum and Lunch - O</p> <p>10:30 Bible Study - C</p> <p>4:30 Card Club - C</p>	<p>19</p> <p>10:00 Pokeno - D</p> <p>4:30 Card Club - C</p> <p>8:00 Pizza Party - L</p>
<p>20</p> <p>11:00 - 1:00 Sunday Brunch in the Estate's - D</p> <p>2:30 Worship with Upper Room Church of God -D</p> <p>4:30 Card Club - C</p>	<p>21</p> <p>7-9 Eggs Your Way -D</p> <p>9:30 Billiard's -C</p> <p>10:30 Hancock Co. Historical Museum "Findlay in the 60's" - D</p> <p>3:00 Ladder Golf - D</p>	<p>22</p> <p>9:30 Billiards -C</p> <p>10:30 Exercise - D</p> <p>2:00 Bingo - D</p> <p>4:00 Happy Hour - L</p>	<p>23</p> <p>8:00 Down on the Farm Breakfast -D</p> <p>9:30 Billiards - C</p> <p>10:30 Nail Spa - C</p> <p>2:00 Wii Strike Zone - D</p> <p>4:30 Card Club - C</p>	<p>24</p> <p>9:30 Billiards - C</p> <p>10:30 Exercise - D</p> <p>2:00 Bingo - D</p> <p>3:15 Blood Pressure Clinic -C</p> <p>3:30 Class In Session - L</p>	<p>25</p> <p>9:30 Billiards - C</p> <p>10:30 Bible Study - C</p> <p>10:30 Touches in Ottawa Glandorf for Lunch - O</p> <p>6:30 Piano Recital - D</p>	<p>26</p> <p>10:00 Jingo - D</p> <p>4:30 Card Club - C</p>
<p>27</p> <p>2:30 Worship with Upper Room Church of God -D</p> <p>4:30 Card Club - C</p>	<p>28 MEMORIAL DAY</p> <p>7-9 Eggs Your Way - D</p> <p>9:30 Billiard's -C</p> <p>10:30 Baker's Dozen - D</p> <p>3:00 Memorial Day Activity - D</p>	<p>29</p> <p>9:30 Billiards -C</p> <p>10:30 Exercise - D</p> <p>2:00 Bingo - D</p> <p>4:00 Happy Hour - L</p>	<p>30</p> <p>8:00 Down on the Farm Breakfast -D</p> <p>9:30 Billiards - C</p> <p>10:30 Nail Spa - C</p> <p>2:00 Birthday Bash - D</p> <p>4:30 Card Club - C</p>	<p>31</p> <p>9:30 Billiards - C</p> <p>10:30 Exercise - D</p> <p>2:00 Bingo - D</p> <p>3:15 Blood Pressure Clinic -C</p> <p>3:30 Resident Council - L</p>	<p>Catholic Communion: Sundays , Wednesdays, and Fridays - RR</p>	
						<p><u>Activity Locations:</u> D = Dining Room C = Community Center L = Library O = Outing R = Resident Rooms HCHDR=Health Ctr House Dining Room HCMDR=Health Ctr Manor Dining Room LO = Lobby</p>



May 2012



Activities Calendar – Health Center | THE HERITAGE HEALTH CENTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Richard R. (HC) 5/07 Mary H. (HC) 5/14 Louise G. (HC) 5/16 Mary H. (HC) 5/21 Marilyn H. (HC) 5/27 Norma S. (HC) 5/30 Otis S. (HC) 5/31</p>	<p>MAY IS OLDER AMERICANS MONTH</p>	<p>1 8:00 Taste of the Town -Bob Evans 9:15 Top Stories of the Day - LR 9:30 Sensory Sensations - CC 10:00 Resident Council - H 10:45 Culinary Committee - H 11:30 Tabletop Games - MDR 2:00 Bingo - HDR 3:00 Sensory Spa - AC 4:30 Tabletop Games - HDR</p>	<p>2 9:15 Top Stories of the Day - LR 9:30 Sentimental Reflections - CC 10:15 Devotions - MDR 11:30 Guesstures - MDR 1:00 Nail Spa - AC 3:00 A La Carte - MRR 4:30 Guesstures - HDR 6:30 Happy Hour - AC</p>	<p>3 9:15 Top Stories of the Day - LR 9:30 Sensory Sensations - CC 10:00 Corn Hole - HDR 11:30 Minute to Win It - MDR 12:00 Concierge - Wal - Mart 2:00 Bingo - HDR 3:00 Sensory Spa - AC 4:30 Minute To Win It - HDR</p>	<p>4 9:15 Top Stories of the Day - LR 9:30 Sentimental Reflections - CC 10:15 St Michael's Mass - MDR 11:30 Alphabet Soup - MDR 2:00 Sittercize -HDR 3:00 Crafter's Corner - AC 4:30 Alphabet Soup - HDR 5:00 Viva Mexico Theme Dinner - D 6:30 Wii Game Shows - AC</p>	<p>5 CINCO DE MAYO 9:15 Top Stories of the Day - LR 9:30 Card Club - HDR 11:30 Cranium Crunchers -MDR 2:00 Cinco De Mayo Bingo - HDR 4:30 Cranium Crunchers - HDR 6:00 Saturday Night at the Movies - LR</p>
<p>6 9:30 Card Club - HDR 11:30 Knowledge Quest - MDR 2:00 Hymn Sing - AC 3:30 A La Carte - HRR 4:30 Knowledge Quest - HDR</p>	<p>7 9:15 Top Stories of the Day - LR 9:30 Wal Mart Shopping - O 10:00 Kountry Kitchen - AC 11:30 Win, Lose, or Draw - MDR 1:00 Wal - Mart Shopping - O 2:00 Fitness Fun and Games - HDR 4:30 Win, Lose, or Draw - HDR 6:30 Wii Strike Zone - LR</p>	<p>8 9:15 Top Stories of the Day - LR 9:30 Sensory Sensations - CC 10:00 Young at Hart - AC 11:30 Tabletop Games - MDR 2:00 Bingo - HDR 3:00 Sensory Spa - AC 4:30 Tabletop Games - HDR</p>	<p>9 9:15 Top Stories of the Day - LR 9:30 Sentimental Reflections - CC 10:15 Devotions - MDR 11:30 Guesstures - MDR 1:00 Nail Spa - AC 3:00 A La Carte - MRR 4:30 Guesstures - HDR 6:30 Happy Hour - AC</p>	<p>10 9:15 Top Stories of the Day - LR 9:30 Sensory Sensations - CC 10:00 Balloon Volleyball - HDR 10:30 Teddy's Rescue - RR 11:30 Minute to Win It - MDR 2:00 Bingo - HDR 3:00 Bingo Store - H 3:00 Sensory Spa - AC 4:30 Minute To Win It - HDR</p>	<p>11 9:15 Top Stories of the Day - LR 9:30 Sentimental Reflections - CC 11:30 Alphabet Soup - MDR 2:00 Sittercize -HDR 3:00 Raccoon Men's Lodge r - AC 4:30 Alphabet Soup - HDR 6:30 Wii Game Shows - AC</p>	<p>12 9:15 Top Stories of the Day - LR 9:30 Card Club - HDR 11:30 Cranium Crunchers -MDR 2:00 Pokeno - HDR 4:30 Cranium Crunchers - HDR 6:00 Saturday Night at the Movies - LR</p>
<p>13 MOTHER'S DAY 9:30 Card Club - HDR 11:30 Knowledge Quest - MDR 2:00 St Mark's United Methodist Church - MDR 3:30 A La Carte - HRR 4:30 Knowledge Quest - HDR</p>	<p>14 9:15 Top Stories of the Day - LR 10:00 Kountry Kitchen - AC 11:30 Win, Lose, or Draw - MDR 1:00 Thrift Shop Shopping - O 2:00 Fitness Fun and Games - HDR 4:30 Win, Lose, or Draw - HDR 6:30 Mother - Daughter Tea Family Night - HDR</p>	<p>15 9:15 Top Stories of the Day - LR 9:30 Sensory Sensations - CC 10:00 Class In Session - AC 11:30 Tabletop Games - MDR 2:00 Bingo - HDR 3:00 Sensory Spa - AC 4:30 Tabletop Games - HDR</p>	<p>16 9:15 Top Stories of the Day - LR 9:30 Sentimental Reflections - CC 10:15 Devotions - MDR 11:00 BOOKMOBILE -RR 11:30 Guesstures - MDR 1:00 Nail Spa - AC 3:00 A La Carte - MRR 4:30 Guesstures - HDR 6:30 Millstream Bingo - HDR</p>	<p>17 9:15 Top Stories of the Day - LR 9:30 Sensory Sensations - CC 10:00 Ladder Golf - HDR 11:30 Minute to Win It - MDR 12:00 Concierge - Archie's 2:00 Bingo - HDR 3:00 Sensory Spa - AC 4:30 Minute To Win It - HDR</p>	<p>18 9-1:00 Lost and Found - AC 9:15 Top Stories of the Day - LR 9:30 Sentimental Reflections - CC 11:30 Alphabet Soup - MDR 2:00 Sittercize -HDR 3:00 Crafter's Corner - AC 4:30 Alphabet Soup - HDR 6:30 Happy Hour - AC</p>	<p>19 9:15 Top Stories of the Day - LR 9:30 Card Club - HDR 11:30 Cranium Crunchers -MDR 2:00 Jingo - HDR 4:30 Cranium Crunchers - HDR 6:00 Saturday Night at the Movies - LR</p>
<p>20 9:30 Card Club - HDR 11:30 Knowledge Quest - MDR 2:00 Trinity Evangelical Lutheran Church - MDR 3:30 A La Carte - HRR 4:30 Knowledge Quest - HDR</p>	<p>21 9:15 Top Stories of the Day - LR 10:00 Kountry Kitchen - AC 10:30 Henry's In Ottawa - O 11:30 Win, Lose, or Draw - MDR 2:00 Fitness Fun and Games - HDR 4:30 Win, Lose, or Draw - HDR 6:30 Wii Strike Zone - LR</p>	<p>22 9:15 Top Stories of the Day - LR 9:30 Sensory Sensations - CC 10:00 Travel Log & Treats - AC 11:30 Tabletop Games - MDR 2:00 Bingo - HDR 3:00 Sensory Spa - AC 4:30 Tabletop Games - HDR</p>	<p>23 9:15 Top Stories of the Day - LR 9:30 Sentimental Reflections - CC 10:15 Devotions - MDR 11:30 Guesstures - MDR 1:00 Nail Spa - AC 3:00 A La Carte - MRR 4:30 Guesstures - HDR 6:30 Happy Hour - AC</p>	<p>24 9:15 Top Stories of the Day - LR 9:30 Sensory Sensations - CC 10:00 Parachute Games - HDR 11:30 Minute to Win It - MDR 2:00 Birthday Bash with the Sister's - HDR 4:30 Minute To Win It - HDR</p>	<p>25 9:15 Top Stories of the Day - LR 9:30 Sentimental Reflections - CC 11:30 Alphabet Soup - MDR 2:00 Sittercize -HDR 3:00 Raccoon Men's Lodge r - AC 4:30 Alphabet Soup - HDR 6:30 Wii Game Shows - AC</p>	<p>26 9:15 Top Stories of the Day - LR 9:30 Card Club - HDR 11:30 Cranium Crunchers -MDR 2:00 Pokeno - HDR 4:30 Cranium Crunchers - HDR 6:00 Saturday Night at the Movies - LR</p>
<p>27 9:30 Card Club - HDR 11:30 Knowledge Quest - MDR 2:00 David Fawcett of Trinity Baptist Church - MDR 3:30 A La Carte - HRR 4:30 Knowledge Quest - HDR</p>	<p>28 MEMORIAL DAY 9:15 Top Stories of the Day - LR 9:30 Scenic Drive - O 10:00 Kountry Kitchen - AC 11:30 Win, Lose, or Draw - MDR 1:00 Scenic Drive - O 2:00 Fitness Fun and Games - HDR 4:30 Win, Lose, or Draw - HDR 6:30 Wii Strike Zone - LR</p>	<p>29 9:15 Top Stories of the Day - LR 9:30 Sensory Sensations - CC 10:00 Class In Session - AC 11:30 Tabletop Games - MDR 2:00 Bingo - HDR 3:00 Sensory Spa - AC 4:30 Tabletop Games - HDR</p>	<p>30 9:15 Top Stories of the Day - LR 9:30 Sentimental Reflections - CC 10:15 Devotions - MDR 11:30 Guesstures - MDR 1:00 Nail Spa - AC 3:00 A La Carte - MRR 4:30 Guesstures - HDR 6:30 Happy Hour - AC</p>	<p>31 9:15 Top Stories of the Day - LR 9:30 Sensory Sensations - CC 10:00 Bocce Ball - HDR 11:30 Minute to Win It - MDR 12:00 Concierge - Meijer's 2:00 Bingo - HDR 3:00 Bingo Store - H 3:00 Sensory Spa - AC 4:30 Minute To Win It - HDR</p>	<p>Catholic Communion: Sundays , Wednesdays, and Fridays - RR</p> <p>Activity Locations: AC = Activity Center HDR = House Dining Room MDR = Manor Dining Room LR = House Living Room CC = Corner Cafe RR = Resident Rooms H = Harbour Inn</p>	



May 2012



Activities Calendar – Daily Rhythms | The Legacy at Heritage Estates

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Every Morning Get up & Go Exercises About 9:30 Brain Ticklers About 10:00 Morning Refresher About 10:30 Daily Housekeeping About 11:00 Creative Cooking About 11:30 Lunch Preparation</p>		<p>1 Morning Stretch & Tone The History of May Day Canister Club- Muffins Afternoon- May Day Flowers Move to the Beat Bingo Pitch'in Washers Senior Trivia Regular Evening Programs</p>	<p>2 Morning Balloon Toss May IQ Canister Club- Pie Afternoon- Painting Bowling Sing-A-Long *Wii Games Regular Evening Programs</p>	<p>3 Morning Ball Toss Mother Match-Up Canister Club- Chocolate Birthday Cake Afternoon- May Birthday Party Viva Mexico Themed Dinner Basketball Memory Magic Regular Evening Programs</p>	<p>4 Morning Kickball Who Am I? Trivia Moving to the Music Canister Club- Butterscotch Ice Box Cookies Afternoon- Mother's Day Cards Favorite Hymns Balloon Swat Bingo Regular Evening Programs</p>	<p>5 CINCO DE MAYO Cactus Toss Cinco De Mayo Trivia & Facts The Most Common Spanish Words Canister Club- Salsa Afternoon- Cinco De Mayo Fiesta Rhythm Band Searching for Cinco de Mayo A-mazing Fifth of May Regular Evening Programs</p>
<p>6 Morning Stretch and Tone Morning Worship Canister Club- Lemonade Afternoon- Potpourri Sachet Dance Expression Kickball Senior Trivia Regular Evening Programs</p>	<p>7 Band Together Momisms Trivia Canister Club- Strawberry Angel Dessert Afternoon- Mother's Nail Spa Courtyard Wal-Mart Shopping Ball Toss 1:00 pm Spelling Mother's Day Regular Evening Programs</p>	<p>8 Morning Band Together Balloon Toss Mother's Day Trivia Canister Club- Lemon Bars Afternoon- Courtyard Name the Artist Stretching Memory Magic Regular Evening Programs</p>	<p>9 Morning Ball Toss Famous Mother's Match Up Canister Club- Cookies Afternoon- Tissue Paper Flowers Bingo Bowling Memory Magic Regular Evening Programs</p>	<p>10 Stretch and Tone What Am I? Trivia Canister Club- Smoothies Afternoon- Tin Can May Baskets Dance Expressions Wii Bowling Yahtzee Regular Evening Programs</p>	<p>11 Balloon Toss Mothers at The Movies Canister Club- Easy Pound Cake Afternoon- Blooming Bonbons Bingo Volleyball Cards Regular Evening Programs</p>	<p>12 Morning Stretch and Tone Strawberry Trivia Canister Club- Strawberry Dessert Afternoon- Arts & Crafts Name the Artist A-Mazing Mother Memory Magic Regular Evening Programs</p>
<p>13 MOTHER'S DAY Morning Worship Mother's Day Fun Facts Canister Club- Mother's Day Coffee Mug Cake Afternoon- Mother's Day Motherly Humor Bowling A-Mazing Mother Regular Evening Programs</p>	<p>14 Morning Stretch and Tone Mother Knows Best Canister Club- Crunchy Fruit Medley Afternoon- Nail Spa Thrift Store Shopping Bingo 1:00 pm Resident Council Mother/Daughter Brain Teasers Tea 6:30 HDR Regular Evening Programs</p>	<p>15 Morning Band Together This and That Trivia Canister Club- Carrot Pineapple Gelatine Salad Afternoon- Gardening Grooving to the 70's Golf UNO Regular Evening Program</p>	<p>16 Balloon Toss May Jeopardy Trivia Canister Club- Cinnamon & Sugar Donuts Afternoon- Model Magic Dance Expression Bingo Memory Magic Regular Evening Programs</p>	<p>17 Morning Stretch and Tone Sequencing Cards Canister Club- Mexican Sweet Bread Afternoon- Dot-to-Dot Name The Artist Horse shoes Spelling Armed Forces Regular Evening Programs</p>	<p>18 Morning Stretch and Tone Fun with Flowers Canister Club- Peanut Butter Cookies Afternoon- Gardening Sing-A-Long Bingo Grocery List Regular Evening Programs</p>	<p>19 Morning Bands & Stretch Armed Forces Day History & A Trip to Maine Canister Club- Brownies Afternoon- Arts and Crafts Dance Expression Puzzles & Ponderings Old Mother Hubbard Word Search Regular Evening Programs</p>
<p>20 Morning Worship Psalms Take Time to Travel Canister Club- Chocolate Chip Cookies Afternoon- Clip, Cut, & Sort Favorite Hymns Balloon Swat Bingo Regular Evening Programs</p>	<p>21 Morning Stretch and Tone Horse Terms Quiz & Havana Trip Canister Club- Rice Crispy Treats Afternoon- Nail Spa Name That Tune Henry's in Ottawa Questions Ball for Lunch 10:30 am Paris Categories Brain Teasers Regular Evening Programs</p>	<p>22 Balloon Toss Picture This Memory Game Canister Club- Strawberry Margaritas Afternoon- Color by Numbers Types of Music Kickball Nurse Categories Regular Evening Programs</p>	<p>23 Morning Stretch and Tone Queen Victoria Trivia Canister Club- Victoria Sandwich Afternoon- Lace It Up Plate Basket Searching for May Birthdays Bingo Hangman Regular Evening Programs</p>	<p>24 Morning Stretch and Tone Crooning with Como Canister Club- Wrapping Up Cooking Afternoon- Gardening Sing-A-Long Wii Games Word Scramble Regular Evening Programs</p>	<p>25 Parachute Ball TV Moms Canister Club- Trail Mix Afternoon- Memorial Day Craft Dance Expression Pitch'in Washers Shake Loose A Memory Regular Evening Programs</p>	<p>26 Morning Band Together Witty Women Quotes Canister Club- Pie Afternoon- Gardening Name that Artist Happy Hour Cards Regular Evening Programs</p>
<p>27 Morning Worship Morning Band Together Searching for May Word Search Canister Club- Peach Cobbler Afternoon- Poppy Pins Name the Artist Stretching Regular Evening Programs</p>	<p>28 MEMORIAL DAY Parachute Ball History of Memorial Day Canister Club- Chef's Choice Afternoon- Nail Spa & Memorial Day Trivia Sing-A-Long Scenic Drive Golf 1:00 pm Memorial Day Word Search Regular Evening Programs</p>	<p>29 Balloon Toss Military Terms Canister Club- Cupcakes Afternoon- Star Wreath Move to the Beat Horse Shoes Scrabble Regular Evening Programs</p>	<p>30 Morning Band Together Which War Was It? Trivia Canister Club- Peanut Butter Cookies Afternoon- Gardening Name the Artist Searching for May Word Search Memory Magic Regular Evening Programs</p>	<p>31 Morning Kickball Finish the Sentence Trivia Canister Club- Pie Afternoon- Planting & Weeding Groov'in to Aretha Bingo Pitch'in Washers Senior Trivia Regular Evening Programs</p>	<p>Every Afternoon Relax & Recharge Reminisce About 2:30 Creative Hands Afternoon Refresher About 3:15 Musical Celebration About 3:45 Pick Me Up About 4:45 Brain Games/ Trivia Dinner Preparation</p>	<p>Every Evening Gathering of Friends Bed Time Snack Nighttime Traditions</p>