



May 2012



Activities Calendar – Assisted Living | West River Health Campus

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Older American's Month: Never Too Old To Play will be observed in activities throughout the month. Join us as we "play" in the past, present and consider the options in the future!</i></p>		<p>1</p> <p>9:30 Forever Fit 10:00 Father Blessinger 12:00 What will May bring?</p> <p>2:00 Church with Forrest Hills 6:30 Family Night - Off to the Races! <i>Wear your spring hat!</i> Derby Desserts and Drinks</p>	<p>2</p> <p>9:30 Forever Fit 10:00 Bible Study with Ben</p> <p>11:00 Casino Astar</p> <p>3:30 Create Flags for Cinco De Mayo</p> <p>6:30 Bingo with Rachel and Julie (AL)</p>	<p>3</p> <p>9:30 Forever Fit 10:30 Hymns with Gay</p> <p>2:00 Bingo 3:30 Create Sombreros</p> <p>6:30 Art with Steven</p>	<p>4</p> <p>9:30 Forever Fit 10:00 St. Joseph Communion 11:00 West River Walkers</p> <p>2:00 Mexican Culinary Creations 3:00 Viva Happy Hour 5:00 Viva Mexico Theme Dinner</p>	<p>5 CINCO DE MAYO</p> <p>9:30 Forever Fit</p> <p>11:00 Cinco De Mayo Dice Roll</p> <p>2:00 Bingo</p> <p>5:00 Hacienda</p>
<p>6</p> <p>9:00 Communion (V) 9:30 Sunday Devotion 10:00 Week in News 11:00 Sassy Pots</p> <p>1:30 Sunday Drive (O)</p>	<p>7</p> <p>9:30 Forever Fit 10:30 My Memoirs - Recording Personal History 11:00 WR Walkers</p> <p>2:00 Nail Spa 3:30 Creative Writing 6:30 Bingo with Rachel and Julie</p>	<p>8</p> <p>9:30 Forever Fit 10:30 Craftes' Nitch</p> <p>2:00 Reading in the Courtyard - Articles, stories of interest, humor</p> <p>3:30 Yard Games</p>	<p>9</p> <p>9:30 Forever Fit 10:30 Mesker Zoo</p> <p>3:30 Never too Old to Play: "Older Americans Month"</p> <p>6:30 Bingo with Rachel and Julie (AL)</p>	<p>10</p> <p>9:30 Forever Fit</p> <p>11:00 Bible Study with Onie (AL)</p> <p>2:00 Bingo</p> <p>3:15 Music Entertainment with Ken</p> <p>6:30 Art with Steven</p>	<p>11</p> <p>9:30 Forever Fit 10:00 St. Joseph Communion 11:00 West River Walkers</p> <p>2:00 Culinary Creations 3:00 Happy Hour</p> <p>Hank Williams Concert</p>	<p>12</p> <p>9:30 Forever Fit 10:30 Van Ride 2:00 Bingo 3:30 Tailored Activities 3:00 Pet Visits</p>
<p>13 MOTHER'S DAY</p> <p>9:00 Communion (V) 9:30 Sunday Devotion 10:00 Week in News 11:00 Sassy Pots</p> <p>2:00 Mother's Day Tea (A) 3:45 Clif the Drifter (AL)</p>	<p>14</p> <p>9:30 Forever Fit 10:30 My Memoirs - Recording Personal History 11:00 WR Walkers</p> <p>2:00 Nail Spa 3:30 Creative Writing 6:30 Bingo with Rachel and Julie</p>	<p>15</p> <p>9:30 Forever Fit 10:00 Father Blessinger 10:30 Craftes' Nitch</p> <p>2:00 Church with Forrest Hills</p> <p>3:30 Yard Games</p>	<p>16</p> <p>9:30 Forever Fit</p> <p>10:30 Picnic</p> <p>3:00 K-9 Angels 3:30 Never too Old to Play: History of Games</p> <p>6:30 Bingo with Rachel and Julie (AL)</p>	<p>17</p> <p>9:30 Forever Fit</p> <p>11:30 On This Day in History</p> <p>1:00 Bingo 3:00 Culinary Council 3:30 Accordion Music with Helen</p> <p>6:30 Art with Steven</p>	<p>18</p> <p>9:30 Forever Fit 10:00 St. Joseph Communion 11:00 West River Walkers</p> <p>2:00 Culinary Creations 3:00 Happy Hour</p>	<p>19</p> <p>9:30 Forever Fit 10:30 Cross Word Puzzle</p> <p>2:00 Bingo 3:30 Tailored Activities</p>
<p>20</p> <p>9:00 Communion (V) 9:30 Sunday Devotion 10:00 Week in News 11:00-1:00 Sunday Brunch and Art Exhibit until 2:00 Please RSVP prior to the event. Residents' Art will be displayed 2:30 Sassy Pots</p>	<p>21</p> <p>9:30 Forever Fit 10:30 My Memoirs - Recording Personal History 11:00 WR Walkers</p> <p>2:00 Nail Spa 3:30 Creative Writing 6:30 Bingo with Rachel and Julie</p>	<p>22</p> <p>9:30 Forever Fit 10:30 Craftes' Nitch</p> <p>2:00 Reading in the Courtyard - Articles, stories of interest, humor</p> <p>3:30 Yard Games</p>	<p>23</p> <p>9:30 Forever Fit 9:30 Otters Game</p> <p>3:30 Never too Old to Play: The Price of Recreation</p> <p>6:30 Bingo with Rachel and Julie (AL)</p>	<p>24</p> <p>9:30 Forever Fit 11:00 Bible Study with Onie (AL)</p> <p>2:00 Bingo</p> <p>3:00 May Birthday Party with Terese at the piano 6:30 Art with Steven</p>	<p>25</p> <p>9:30 Forever Fit 10:00 St. Joseph Communion 11:00 West River Walkers</p> <p>2:00 Culinary Creations 3:00 Indy 500 Happy Hour</p>	<p>26</p> <p>9:30 Forever Fit 10:30 Create Memorial Chain</p> <p>2:00 Bingo 3:00 Entertainment by Angela Getty</p>
<p>27</p> <p>9:00 Communion (V) 9:30 Sunday Devotion 10:00 Week in News 11:00 Sassy Pots 1:30 Create Memorial Chain 2:30 Photo Magic Moments - Creating</p>	<p>28 MEMORIAL DAY</p> <p>9:30 Forever Fit 10:30 Kick off for a Community Flag Collage</p> <p>2:00 Ice Cream Sundae Bar 3:30 Soldiers' Memoirs - Courtyard</p> <p>6:30 Bingo with Rachel and Julie</p>	<p>29</p> <p>9:30 Forever Fit 10:30 Craftes' Nitch</p> <p>2:00 Resident Council</p> <p>3:30 Reading in the Courtyard - Articles, stories of interest, humor</p>	<p>30</p> <p>9:30 Forever Fit 10:30 Wacky Laws</p> <p>Taste of Town</p> <p>3:30 Never too Old to Play: Staff Challenge!</p> <p>6:30 Bingo with Rachel and Julie (AL)</p>	<p>31</p> <p>9:30 Forever Fit 10:30 Hymns with Gay 11:30 Wacky Laws</p> <p>2:00 Bingo</p> <p>3:30 Oldies but Goodies - Music and the History of Songs 6:30 Art with Steven</p>		<p>All changes and additions will be posted on the bulletin board.</p>



May 2012



Activities Calendar – Health Center | West River Health Campus

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Older American's Month: Never Too Old To Play will be observed in activities throughout the month. Join us as we "play" in the past, present and consider the options in the future!</i></p>	<p>Key: A Activity Room AL Assisted Living HC Health Center LR Living Room DR Dining Room TS Town Square O Outside or Outing</p>	<p>1 9:00 Tailored Activities 10:00 Father Blessinger 10:30- 11:45 Sensations HCLR 12:00 What will May bring? 2:00 Church with Forrest Hills 3:30 Create Flags for Cinco De Mayo 6:30 Family Night - Off to the Races! <i>Wear your spring hat!</i> Derby Desserts and Drinks</p>	<p>2 9:00 Tailored Activities 10:00 Bible Study with Ben 11:00 Lunch Outing Casino Aztar 3:30 Create Flags for Cinco De Mayo 6:30 Bingo with Rachel and Julie (AL)</p>	<p>3 9:00 Tailored Activities (V) 10:30 Hymns with Gay 12:00 How well do you know Mexico? 2:00 Bingo 3:30 Create a Sombrero! 6:30 Art Class with Steven (A)</p>	<p>4 9:00 Tailored Activities 10:00 St. Joseph Communion 10:30- 11:4 Sensations goes to Mexico! 12:00 Mexican Traditions 2:00 Mexican Culinary Creations! 3:00 Viva Mexico Happy Hour 5:00 Viva Mexican Theme Dinner</p>	<p>5 CINCO DE MAYO 9:30 Forever Fit 11:00 Cinco De Mayo Dice Roll! 2:00 Bingo (HCDR) 5:00 Hacienda</p>
<p>6 9:00 Communion (V) 9:30 Sunday Devotion 10:00 Week in News 11:00 Sassy Pots 12:00 Premeal 1:30 Sunday Drive (O)</p>	<p>7 9:30 Tailored Activities (V) 10:30- 11:45 Sensations HCLR 12:00 Zoo Fun Facts 2:00 Nail Spa 3:30 Creative Writing (A) 6:30 Bingo with Rachel and Julie (AL)</p>	<p>8 9:00 Tailored Activities (V) 10:30- 11:45 Sensations SHCLR 12:00 Zoo Fun Facts 2:00 Readings of Interest/Humor - Courtyard 3:30 Yard Games</p>	<p>9 9:00 Tailored Activities (V) 10:30 Zoo Outing 3:30 Never too Old to Play: "Older Americans Month" 6:30 Bingo with Rachel and Julie (AL)</p>	<p>10 9:00 Tailored Activities (V) 10:30-11:45 Sensations 12:00 How well do you know Evansville? 2:00 Bingo 3:15 Entertainment with Ken (TS) 6:30 Art Class with Steven (A)</p>	<p>11 9:00 Tailored Activities 10:00 St. Joseph Communion 10:30- 11:45 Sensations HCLR 12:00 Famous Mothers 2:00 Culinary Creations! 3:00 Happy Hour</p>	<p>12 9:30 Forever Fit 10:30 Van Ride 12:00 Mother May I _____? 2:00 Bingo (HCDR) 3:00 Pet Visits 3:30 Tailored Activities</p>
<p>13 MOTHER'S DAY 9:00 Communion (V) 9:30 Sunday Devotion 10:00 Week in News 11:00 Sassy Pots 12:00 Premeal 2:00 Mother's Day Tea (A) 3:45 Clif the Drifter (AL)</p>	<p>14 9:30 Tailored Activities (V) 10:30- 11:45 Sensations HCLR 12:00 Spring Fun Facts 2:00 Nail Spa 3:30 Creative Writing (A) 6:30 Bingo with Rachel and Julie (AL)</p>	<p>15 9:00 Tailored Activities (V) 10:00 Father Blessinger 10:30- 11:45 Sensations HCLR 12:00 Fun Facts 2:00 Forrest Hills Church 3:30 Yard Games</p>	<p>16 9:00 Tailored Activities (V) 10:30 Picnic 3:00 K-9 Angels 3:30 Never too Old to Play: History of Games 6:30 Bingo with Rachel and Julie(AL)</p>	<p>17 9:00 Tailored Activities (V) 10:30-11:45 Sensations 12:00 How well do you know Indiana 2:00 Bingo 3:00 Culinary Council 3:30 Accordion Music by Helen (TS) 6:30 Art Class with Steven (A)</p>	<p>18 9:00 Tailored Activities 10:00 St. Joseph Communion 10:30- 11:45 Sensations HCLR 12:00 Armed Forces 2:00 Culinary Creations! 3:00 Happy Hour</p>	<p>19 9:30 Forever Fit 10:30 Cross Word Puzzle 12:00 Armed Forces Day 2:00 Bingo (HCDR) 3:30 Tailored Activities</p>
<p>20 9:00 Communion (V) 9:30 Sunday Devotion 10:00 Week in News 11:00-1:00 Sunday Brunch and Art Exhibit until 2:00 Please RSVP prior to the event. Residents' Art will be displayed 2:30 Sassy Pots</p>	<p>21 9:30 Tailored Activities (V) 10:30- 11:45 Sensations HCLR 12:00 Baseball Fun Facts 2:00 Nail Spa 3:30 Creative Writing (A) 6:30 Bingo with Rachel and Julie (AL)</p>	<p>22 9:00 Tailored Activities (V) 10:30- Hymns With Gay 12:00 Hopscotch Dice Game 2:00 Readings of Interest/Humor - Courtyard 3:30 Yard Games</p>	<p>23 9:00 Tailored Activities (V) 9:30 Otters Game 3:30 Never too Old to Play: The Price of Recreation 6:30 Bingo with Rachel and Julie (AL)</p>	<p>24 9:00 Tailored Activities (V) 10:30-11:45 Sensations 12:00 How well do you know the U.S. 2:00 Bingo 3:30 May Birthday Party Music by Terese McKamen 6:30 Art Class with Steven (A)</p>	<p>25 9:00 Tailored Activities 10:00 St. Joseph Communion 10:30- 11:45 Sensations HCLR 12:00 Memorial Chain Introduction 2:00 Create Memorial Chain 3:00 Indy 500 Happy Hour!</p>	<p>26 9:30 Forever Fit 10:30 Create Memorial Chain 12:00 Memorial Chain 2:00 Bingo (HCDR) 3:00 Entertainment by Angela Getty</p>
<p>27 9:00 Communion (V) 9:30 Sunday Devotion 10:00 Week in News 11:00 Sassy Pots 12:00 Memorial Chain 1:30 Create Memorial Chain 2:30 Photo Magic Moments - Creating photo boards for WR</p>	<p>28 MEMORIAL DAY 10:30 Kick off for a Community Flag Collage (A) 12:00 Remembering this Memorial Day 2:00 Ice Cream Sundae Bar (AL) 3:30 Soldiers Memoirs - Courtyard 6:30 Bingo with Rachel and Julie (AL)</p>	<p>29 9:00 Tailored Activities 10:30- 11:45 Sensations HCLR 12:00 Monopoly 2:00 Readings of Interest/Humor - Courtyard 3:30 Resident Council</p>	<p>30 9:00 Tailored Activities 10:30- 11:45 Sensations HCLR 12:00 Monopoly Noon meal - Taste of the Town 3:30 Never too Old to Play: Staff Challenge! 6:30 Bingo with Rachel and Julie (AL)</p>	<p>31 9:00 Tailored Activities (V) 10:30-11:45 Sensations 12:00 Monopoly! 2:00 Bingo 3:30 Oldies but Goodies - Music with the history of songs 6:30 Art Class with Steven (A)</p>	<p><i>Volunteers will be recognized for their service on Saturday, May 5th at a "Viva Volunteer Luncheon" in the Activity Room.</i></p>	<p>Changes and additions to be posted on the bulletin board.</p>



May 2012



Activities Calendar – Daily Rhythms | The Legacy at West River Health Campus

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>EVERY MORNING about 9:30 Get Up & Go! about 10:00 Brain Ticklers with Morning Refresher about 10:30 Housekeeping about 11:00 Creative Cooking about 11:30 Lunch Prep</p>	<p>EVERY AFTERNOON after lunch Relax & Recharge about 1:30 Reminisce Kits about 2:00 Creative Hands about 2:30 Afternoon Refresher about 3:00 Musical Celebration about 3:30 Group Games about 4:00 Afternoon Pick-Me-Up about 4:30 Dinner Prep</p>	<p>1 Morning - Stroll the Neighborhood Who am I? Lovin' the Oven Afternoon - Handyman Reminisce Forest Hills Baptist Church Service Sing-a-long Catch Phrase Imaginary Hiking Evening - Family Night 6:30p</p>	<p>2 Morning - Kickball Witty Women Easy Cooking Afternoon - Nursery Reminisce God's Eye Rhythm Band BINGO What's Cooking for Exercise Evening - Reading</p>	<p>3 Morning - Animal Kingdom Workout Brain Aerobics Culinary Class Afternoon - Office Reminisce Crafter's Cove Name That Tune Memory Magic Seventh Inning Stretch Evening - Brain Power</p>	<p>4 Morning - Balloon Toss Communion with St. Joseph's Church Friday Surprise Afternoon - Cooking Reminisce Mandala Images Happy Hour AMIGO BINGO Learn the Macarena Evening - History in Pictures</p>	<p>5 CINCO DE MAYO Morning - Light N Lively Cinco de Mayo Facts & Foods Simple Recipe Afternoon - Sewing Reminisce Stamp Design Rhythm Band BINGO Golf Evening - Movie</p>
<p>6 Morning - Balloon Toss Knowledge Busters Make A Bite Afternoon - Kitchen Reminisce Colored Pencil Art Hymns Memory Magic Kickball Evening - Shake Loose a Memory</p>	<p>7 Morning - A Moving Experience Brain Boot Camp Quick Snack Afternoon - Front Closet Reminisce Card & Letter Writing Tunes Memory BINGO What Comes First Baseball Exercises Evening - Catch Phrase</p>	<p>8 Morning - Stroll the Neighborhood Who am I? Lovin' the Oven Afternoon - Handyman Reminisce Living Colors Sing-a-long Catch Phrase Imaginary Hiking Evening - Puzzles</p>	<p>9 Morning - Kickball Talking About Mother's Day Easy Cooking Afternoon - Nursery Reminisce Living Colors Rhythm Band BINGO What's Cooking for Exercise Evening - Reading</p>	<p>10 Morning - Animal Kingdom Workout Brain Aerobics Culinary Class Afternoon - Office Reminisce Crafter's Cove Name That Tune Memory Magic Seventh Inning Stretch Evening - Brain Power</p>	<p>11 Morning - Balloon Toss Communion with St. Joseph's Church Friday Surprise Afternoon - Cooking Reminisce Mandala Images Happy Hour Games People Play All Shook Up Evening - History in Pictures</p>	<p>12 Morning - Light N Lively Motherly Trivia Simple Recipe Afternoon - Sewing Reminisce Stamp Design Rhythm Band BINGO Golf Evening - Movie</p>
<p>13 MOTHER'S DAY Morning - Balloon Toss Motherly Humor Make A Bite Afternoon - Kitchen Reminisce Colored Pencil Art Hymns Shake Loose a Memory Kickball Evening - Shake Loose a Memory</p>	<p>14 Morning - A Moving Experience Brain Boot Camp Quick Snack Afternoon - Front Closet Reminisce Card & Letter Writing Tunes Memory BINGO Witty Women Baseball Exercises Evening - Catch Phrase</p>	<p>15 Morning - Stroll the Neighborhood What Am I? Lovin' the Oven Afternoon - Handyman Reminisce Living Colors Sing-a-long Catch Phrase Imaginary Hiking Evening - Puzzles</p>	<p>16 Morning - Kickball Tools of the Trade Easy Cooking Afternoon - Nursery Reminisce May Flowers Rhythm Band BINGO What's Cooking for Exercise Evening - Reading</p>	<p>17 Morning - Animal Kingdom Workout Church Service with Pastor Don Culinary Class Afternoon - Office Reminisce Crafter's Cove Name That Tune Memory Magic Accordion Music with Helen K Evening - Brain Power</p>	<p>18 Morning - Balloon Toss Communion with St. Joseph's Church Friday Surprise Afternoon - Cooking Reminisce Mandala Images Happy Hour Games People Play All Shook Up Evening - History in Pictures</p>	<p>19 Morning - Light N Lively Brain Ticklers Simple Recipe Afternoon - Sewing Reminisce Stamp Design Rhythm Band BINGO Golf Evening - Movie</p>
<p>20 Morning - Balloon Toss Armed Forces Day History Brunch Prep Afternoon - Kitchen Reminisce Colored Pencil Art Hymns Memory Magic Kickball Evening - Shake Loose a Memory</p>	<p>21 Morning - A Moving Experience Queen Victoria Day Quick Snack Afternoon - Front Closet Reminisce Card & Letter Writing Tunes Memory BINGO Puzzles & Ponderings Baseball Exercises Evening - Catch Phrase</p>	<p>22 Morning - Stroll the Neighborhood Who am I? Lovin' the Oven Afternoon - Handyman Reminisce Living Colors Sing-a-long Catch Phrase Imaginary Hiking Evening - Puzzles</p>	<p>23 Morning - Kickball Fashion Finish Lines Easy Cooking Afternoon - Nursery Reminisce Living Colors Rhythm Band BINGO What's Cooking for Exercise Evening - Reading</p>	<p>24 Morning - Animal Kingdom Workout Brain Aerobics Culinary Class Afternoon - Office Reminisce Crafter's Cove Name That Tune Memory Magic Seventh Inning Stretch Evening - Brain Power</p>	<p>25 Morning - Balloon Toss Communion with St. Joseph's Church Friday Surprise Afternoon - Cooking Reminisce Mandala Images Happy Hour Games People Play All Shook Up Evening - History in Pictures</p>	<p>26 Morning - Light N Lively Brain Ticklers Simple Recipe Afternoon - Sewing Reminisce Stamp Design Rhythm Band BINGO Golf Evening - Movie</p>
<p>27 Morning - Balloon Toss Knowledge Busters Make A Bite Afternoon - Kitchen Reminisce Colored Pencil Art Hymns Memory Magic Kickball Evening - Shake Loose a Memory</p>	<p>28 MEMORIAL DAY Morning - A Moving Experience Memorial Day Traditions Quick Snack Afternoon - Front Closet Reminisce Card & Letter Writing Songs of the Armed Forces Witty Women Baseball Exercises Evening - Catch Phrase</p>	<p>29 Morning - Stroll the Neighborhood What Am I? Lovin' the Oven Afternoon - Handyman Reminisce Living Colors Sing-a-long Catch Phrase Imaginary Hiking Evening - Puzzles</p>	<p>30 Morning - Kickball Horse Terms Easy Cooking Afternoon - Nursery Reminisce Living Colors Rhythm Band BINGO What's Cooking for Exercise Evening - Reading</p>	<p>31 Morning - Animal Kingdom Workout Brain Aerobics Culinary Class Afternoon - Office Reminisce Crafter's Cove Name That Tune Memory Magic Seventh Inning Stretch Evening - Brain Power</p>	<p>EVERY EVENING Gathering of Friends Bedtime Snack Nighttime Traditions Friday - Happy Hour about 3:00 <i>Van Outing usually Friday</i></p>	<p><i>1st TUESDAY OF THE MONTH Family Night 6:30p EVERY 3rd SUNDAY Brunch 11a-1p LAST WEDNESDAY OF MONTH 12p Taste of the town</i> <i>*All activities subject to change and flexibility</i></p>