



**Creasy Springs**  
Health Campus

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# CREASY SPRINGS CHRONICLE

MAY 2012 • A NEWSLETTER SERVING THE RESIDENTS OF CREASY SPRINGS HEALTH CAMPUS

## CELEBRATING OUR NATION'S NURSES

**This month, our campus is also joining the American Nurses Association in celebrating “Nurses: Advocating, Leading, Caring,” as part of National Nurses Week, which is held annually from May 6th – 12th. In honor of the dedication, commitment, and tireless effort of our campus nurses, and all nurses nationwide, to promote and maintain the health of our residents and this nation, we are proud to recognize long-term care nurses everywhere during this particular week and every day!**

May is **Older Americans Month**, which presents a wonderful opportunity for us to show our deep appreciation for the contributions and achievements of the residents in our campus, as well as the older adults in our community. “*Never Too Old to Play*” is the theme for Older Americans Month this year, and places a spotlight on the importance of lifelong participation in social, creative, and physical activities.

Our staff of professional caregivers knows that being engaged is very different from simply “keeping busy,” which is why we offer a selection of lifelong learning opportunities and daily in-campus activities designed for all levels of physical and cognitive ability. Whether it’s arts and crafts, bowling on the Nintendo Wii, enjoying a lunch outing at a local favorite restaurant, or learning a foreign language - our activities are as varied as our residents, and reflect their personal preferences.

In addition to the benefits of social and creative engagement, research shows that regular exercise can improve our residents’ ability to perform tasks of daily living, including maintaining independence and mobility. In addition,

being active also improves mental health, as it is a deterrent to depression and anxiety. Aware of this importance, we encourage our residents to participate in indoor and outdoor exercise opportunities when able, such as walking around our campus grounds and observing the wildlife in our gardens and courtyard.

Finally, during Older Americans month and every month, it’s important to pay tribute to the role that older adults play in sharing their experience, wisdom, and understanding by providing opportunities for them to pass on that knowledge to other generations in a variety of significant ways. We welcome visits from local schools so that our residents and community children reap the benefits of interacting with and learning from each other. We also welcome young volunteers, and invite community adults to teach lifelong learning courses at our campus.

We are proud to join in the national celebration of Older Americans Month 2012 with activities and events to promote engagement and recreation for our residents. **CONTINUED ON PAGE 4**

## ACTIVITY HIGHLIGHTS

- |        |   |
|--------|---|
| May 1  | Family Night with<br>Kenny Holcomb        |
| May 4  | Happy Hour with<br>Jason Wells            |
| May 5  | Dog Frisbee Show                          |
| May 6  | Light House<br>Baptist Church             |
| May 10 | Reminiscing with Marge                    |
| May 11 | Happy Hour with Karaoke                   |
| May 12 | Mothers Day Tea                           |
| May 15 | Taste of the Town                         |
| May 16 | Fishing Trip                              |
| May 17 | Bible Study with Marge                    |
| May 18 | Happy Hour with<br>Dave Lasky             |
| May 19 | Jerry Vernon and the<br>Dune Country Band |
| May 20 | Sunday Brunch                             |
| May 23 | Music Room to Room<br>with Robin Harrison |
| May 25 | Happy Hour with<br>Steve Michaels         |
| May 26 | Music Ministry with<br>Tom Builta         |
| May 27 | Religious Service<br>with Pastor Rick     |
| May 31 | Birthday Bingo                            |

*\*Mass Service with Father Vath will  
be held every Sunday Morning\**

## SENIOR EXEC. CLUB

Please join us for Senior Executive Club on Thursday May 10th in our Assisted Living Dining Room! Feel free to bring a friend and even meet new ones! The guest speaker will be Martha Komanis from Hippensteel Funeral Home. See you Soon!!!

## RESIDENT BIRTHDAYS

Marth L.	5/2
Audrey S.	5/6
William D.	5/14
Betty G.	5/16
Robert N.	5/16
Jerry C.	5/21
Charles E.	5/23
Emma M.	5/29

## STAFF BIRTHDAYS

Cherlyn H.	5/2
Jerry C.	5/6
Sherry C.	5/12
Heather H.	5/17
Sherry B.	5/17
Adam H.	5/21
Sarah E.	5/21
Kelly M.	5/22
Lynn F.	5/30

## EXECUTIVE DIRECTOR'S CORNER

A warm Spring greeting to all,

The month of May brings different things to each of us. It's the Indy 500 month, the end of school month, and the month that Cub fans start saying "wait till next year".

At Creasy, we are starting the month with a Cinco de Mayo themed dinner for our residents,

and end with a Memorial/ race day weekend. Also, all are invited to our family night, Sunday Brunch and Friday happy hours.

I hope to see many of you at our events, and if not, please stop by when your in the facility. Have a wonderful month.

**R. Gregg Jackson**

Executive Director

## LEGACY NEIGHBORHOOD NEWS:

In the month of March our Legacy resident had our first lunch outing. The residents went to Dog in Suds and then went to the park to enjoy the weather and food. The residents that attended had an amazing time. We will be taking another group April 18. Upcoming events for May are Family Night May 8, Family Council May 9 and Family Forum May 14.

Sincerely,

**Alicia Hickman**

Legacy Neighborhood Director

## A Mother's Love Determines How

A mother's love determines how  
We love ourselves and others.  
There is no sky we'll ever see  
Not lit by that first love.  
Stripped of love, the universe  
Would drive us mad with pain;  
But we are born into a world  
That greets our cries with joy.  
How much I owe you for the kiss  
That told me who I was!  
The greatest gift--a love of life--  
Lay laughing in your eyes.  
Because of you my world still has  
The soft grace of your smile;  
And every wind of fortune bears  
The scent of your caress.

# Smile of the Month: St. Patrick's Day

Our residents had a great time at our St. Patrick's Day Themed Happy Hour! They enjoyed appetizers, entertainment, and Green Beer! Happy Hour is always the happening place on Fridays and is a great place for families and residents to mingle. Cheers!



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1750 S. Creasy Lane, Lafayette, IN 47905 • 765-447-6600 • Gregg Jackson, Executive Director

Gregg Jackson, Executive Director

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Alicia Hickman, Legacy Neighborhood Director

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Renee Simmons, Medical Records Coordinator

Julie Abney, Clinical Care Coordinator

Lynn Fairgrief, Clinical Care Coordinator

Candy Connell, Clinical Care Coordinator

Kelly Brewer, Business Office Manager

Travis Reed, Director of Physical Plant Operations

Warren Menard, Director of Rehab Services

Lance Varnado, Director of Environmental Services

Nicole Sechrist, AP/Payroll Coordinator

Lynn Stone, Director of Food Services

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call the Divisional Vice President or our Compliance Line.

Misty Reber, Divisional Vice President: 317-431-6633 or [Misty.Reber@trilogyhs.com](mailto:Misty.Reber@trilogyhs.com)

Compliance Hotline: 800-908-8618, ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com) • Newsletter Production by [PorterOneDesign.com](http://PorterOneDesign.com)



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COMPASSIONATELY  
COMMITTED TO EXCELLENCE  
IN CUSTOMER SERVICE!

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We invite you to join in the fun! To find out how you can volunteer, or to get more information, please contact us today!

### Never Too Old to Play

If you plan on “playing” outdoors and having some fun in the sun this May, the following tips will keep you safe all summer long:

- Plan activities that are early in the morning or later in the evening when it’s cooler.
- Use U/V skin protection.
- Avoid overexposure to heat, drink plenty of water and take regular breaks in the shade.
- Wear lightweight clothing, sunglasses and a hat.
- Check with your doctor before implementing a new exercise program, especially if you are at high risk for heart disease or diabetes; if you smoke or are obese.
- If you are not currently active, begin your exercise program or outdoor outings with light to moderate physical activity.

Information for this article was obtained from [www.seniorliving.com](http://www.seniorliving.com), [www.nursesworld.org](http://www.nursesworld.org) and [www.aoa.gov](http://www.aoa.gov).

## WORD SEARCH

ACTIVITIES	EXERCISE	OLDER	RECREATION
APPRECIATION	EXPERIENCE	PARTICIPATION	SOCIAL
BUSY	GENERATIONS	PHYSICAL	TRIBUTE
CREATIVE	LIFELONG	PLAY	WISDOM

W	S	L	P	G	E	H	D	V	K	P	W	T	X	L	W	H	H	J
X	I	N	T	W	B	U	X	L	P	L	U	G	E	H	R	G	C	U
T	R	I	B	U	T	E	G	H	E	A	D	E	S	I	L	A	D	U
W	J	G	U	Y	B	R	T	F	E	Y	A	N	Q	O	X	Y	S	M
W	I	D	E	X	P	E	R	I	E	N	C	E	L	Q	C	C	K	K
K	A	S	G	R	L	J	S	F	Q	V	T	R	R	O	P	I	J	Q
B	A	F	D	H	P	R	L	N	Y	B	I	A	V	K	C	Y	A	V
P	J	C	N	O	F	B	I	M	O	L	V	T	L	N	R	L	F	L
F	Y	O	H	R	M	V	F	W	N	D	I	I	G	C	E	G	Y	J
Z	O	L	D	E	R	S	E	L	P	T	T	O	X	S	A	O	X	U
G	K	X	O	C	X	N	L	Q	U	Q	I	N	V	H	T	K	O	P
Q	F	I	S	R	E	I	O	K	Z	E	E	S	N	O	I	O	L	Q
M	F	L	K	E	X	N	N	C	B	U	S	Y	L	A	V	K	F	I
I	W	Q	U	A	E	Y	G	L	L	U	C	W	X	I	E	W	R	B
F	W	H	V	T	R	P	P	Y	M	H	Y	Z	O	T	S	Z	K	D
P	A	R	T	I	C	I	P	A	T	I	O	N	D	C	V	U	F	Z
B	R	F	L	O	I	C	A	P	P	R	E	C	I	A	T	I	O	N
O	H	T	H	N	S	H	E	X	G	A	N	F	T	S	E	P	H	I
Q	V	A	G	P	E	J	S	M	P	H	Y	S	I	C	A	L	A	Q