

GENOA

RETIREMENT VILLAGE

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GENOA GAZETTE

MAY 2012 • A NEWSLETTER SERVING THE RESIDENTS OF GENOA RETIREMENT VILLAGE

CELEBRATING OUR NATION'S NURSES

This month, our campus is also joining the American Nurses Association in celebrating “Nurses: Advocating, Leading, Caring,” as part of National Nurses Week, which is held annually from May 6th – 12th. In honor of the dedication, commitment, and tireless effort of our campus nurses, and all nurses nationwide, to promote and maintain the health of our residents and this nation, we are proud to recognize long-term care nurses everywhere during this particular week and every day!

May is **Older Americans Month**, which presents a wonderful opportunity for us to show our deep appreciation for the contributions and achievements of the residents in our campus, as well as the older adults in our community. *“Never Too Old to Play”* is the theme for Older Americans Month this year, and places a spotlight on the importance of lifelong participation in social, creative, and physical activities.

Our staff of professional caregivers knows that being engaged is very different from simply “keeping busy,” which is why we offer a selection of lifelong learning opportunities and daily in-campus activities designed for all levels of physical and cognitive ability. Whether it’s arts and crafts, bowling on the Nintendo Wii, enjoying a lunch outing at a local favorite restaurant, or learning a foreign language - our activities are as varied as our residents, and reflect their personal preferences.

In addition to the benefits of social and creative engagement, research shows that regular exercise can improve our residents’ ability to perform tasks of daily living, including maintaining independence and mobility. In addition,

being active also improves mental health, as it is a deterrent to depression and anxiety. Aware of this importance, we encourage our residents to participate in indoor and outdoor exercise opportunities when able, such as walking around our campus grounds and observing the wildlife in our gardens and courtyard.

Finally, during Older Americans month and every month, it’s important to pay tribute to the role that older adults play in sharing their experience, wisdom, and understanding by providing opportunities for them to pass on that knowledge to other generations in a variety of significant ways. We welcome visits from local schools so that our residents and community children reap the benefits of interacting with and learning from each other. We also welcome young volunteers, and invite community adults to teach lifelong learning courses at our campus.

We are proud to join in the national celebration of Older Americans Month 2012 with activities and events to promote engagement and recreation for our residents.

ACTIVITY HIGHLIGHTS

Toledo Mudhens game
Theme dinner Viva Mexico
Music fellowship hour
Barry's Bagels
Toledo Museum of Art

CUSTOMER SERVICE MOMENTS

Genoa Retirement Village would like to thank Stephanie C. and Diane B. for bringing in movies for our AL/ HCC residents. Also Monica P. for buying ice cream for Richard L. Thank you so much for all that you do for our residents.

SMILE OF THE MONTH

A special thanks to Carolyn's for providing the food for Taste of the Town for the month of April. On behalf of the Genoa Retirement Village staff Thank You!

RESIDENTS' BIRTHDAYS

Cliff K.	5/1
Mary P.	5/3
Loretta K.	5/3
Joseph V.	5/3
Agnes F.	5/3
Ruth C.	5/6
Frederick W.	5/7
Ray D.	5/8
France G.	5/9
Ione W.	5/14
Elizabeth R.	5/15
Bryan G.	5/22
Barb F.	5/24
Virginia T.	5/28
Bill F.	5/31

EXECUTIVE DIRECTOR'S CORNER

Hi Everyone,

Hopefully, we are done with the April Showers and those May Flowers can start blooming.

We would like to thank all the residents and families who took the time to complete our semi-annual customer satisfaction surveys throughout the month of March through the 6th of April. It is a time when you are given the opportunity to recognize our campus for our dedication to providing compassionate care to your loved one. It is also an excellent time to recognize staff members that have gone above and beyond in their efforts to provide excellent care by writing in additional comments on the survey. These staff member will be recognized for their excellence in customer service during our monthly employee recognition celebration in May.

Our goal is always to have 100% participation in completing the surveys. I know that some of the residents had requested their own surveys and a list was sent to

the Home Office, but somewhere along the line, some of the residents did not get their own survey. I know we were able to contact Home Office and they were able to get some more of the surveys out. Any surveys returned after the deadline date are not counted in the scores.

We hope that we have once again met or exceeded your expectations.

If you ever feel that we have areas of opportunity to improve in, please let me know. Please don't feel that you have to wait for the surveys. We would rather work with the families and the residents to resolve the issue immediately. I will be sharing the information at our monthly Family Night in May.

Thank you for allowing us the opportunity to serve you and your loved one. It is our pleasure as always.

Take Care,

Julie McKitrick, LNHA
Executive Director

Easter Bunny Fun



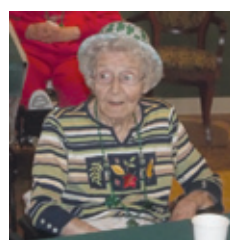
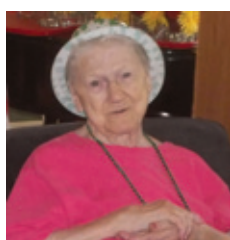
At the GVR Derby!



RESIDENT OF THE MONTH: EUNICE B.

Eunice was born in Corrothers, Ohio near Tiffin. She has 3 brothers. Eunice attended Attica High School and played the piano at the Town Square. She was a junior in high school when she met her husband. Eunice eventually moved from Corrothers to Shelby, Ohio. Where she was a home maker and worked as a hostess for ladies parties. Eunice had 1 son and 1 daughter. Eunice has 6 grandchildren. Her greatest accomplishment was learning how to use the computer at the age of 95. Eunice words of wisdom to share is “ keep smiling”.

St. Patty's Day Bash Highlights



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300 Cherry Street, Genoa, OH 43430 • 419-855-7755 • Julie McKitrick, Executive Director

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call the Divisional Vice President or our Compliance Line.

Steve Apple, Divisional Vice President: 419-308-5618 or Steve.Apple@trilogyhs.com.

Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com • Newsletter Production by PorterOneDesign.com

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COMPASSIONATELY
 COMMITTED TO EXCELLENCE
 IN CUSTOMER SERVICE!

CONTINUED FROM PAGE 1

We invite you to join in the fun! To find out how you can volunteer, or to get more information, please contact us today!

Never Too Old to Play

If you plan on “playing” outdoors and having some fun in the sun this May, the following tips will keep you safe all summer long:

- Plan activities that are early in the morning or later in the evening when it’s cooler.
- Use U/V skin protection.
- Avoid overexposure to heat, drink plenty of water and take regular breaks in the shade.
- Wear lightweight clothing, sunglasses and a hat.
- Check with your doctor before implementing a new exercise program, especially if you are at high risk for heart disease or diabetes; if you smoke or are obese.
- If you are not currently active, begin your exercise program or outdoor outings with light to moderate physical activity.

Information for this article was obtained from www.seniorliving.com, www.nursesworld.org and www.aoa.gov.

WORD SEARCH

ACTIVITIES	EXERCISE	OLDER	RECREATION
APPRECIATION	EXPERIENCE	PARTICIPATION	SOCIAL
BUSY	GENERATIONS	PHYSICAL	TRIBUTE
CREATIVE	LIFELONG	PLAY	WISDOM

W	S	L	P	G	E	H	D	V	K	P	W	T	X	L	W	H	H	J
X	I	N	T	W	B	U	X	L	P	L	U	G	E	H	R	G	C	U
T	R	I	B	U	T	E	G	H	E	A	D	E	S	I	L	A	D	U
W	J	G	U	Y	B	R	T	F	E	Y	A	N	Q	O	X	Y	S	M
W	I	D	E	X	P	E	R	I	E	N	C	E	L	Q	C	C	K	K
K	A	S	G	R	L	J	S	F	Q	V	T	R	R	O	P	I	J	Q
B	A	F	D	H	P	R	L	N	Y	B	I	A	V	K	C	Y	A	V
P	J	C	N	O	F	B	I	M	O	L	V	T	L	N	R	L	F	L
F	Y	O	H	R	M	V	F	W	N	D	I	I	G	C	E	G	Y	J
Z	O	L	D	E	R	S	E	L	P	T	T	O	X	S	A	O	X	U
G	K	X	O	C	X	N	L	Q	U	Q	I	N	V	H	T	K	O	P
Q	F	I	S	R	E	I	O	K	Z	E	E	S	N	O	I	O	L	Q
M	F	L	K	E	X	N	N	C	B	U	S	Y	L	A	V	K	F	I
I	W	Q	U	A	E	Y	G	L	L	U	C	W	X	I	E	W	R	B
F	W	H	V	T	R	P	P	Y	M	H	Y	Z	O	T	S	Z	K	D
P	A	R	T	I	C	I	P	A	T	I	O	N	D	C	V	U	F	Z
B	R	F	L	O	I	C	A	P	P	R	E	C	I	A	T	I	O	N
O	H	T	H	N	S	H	E	X	G	A	N	F	T	S	E	P	H	I
Q	V	A	G	P	E	J	S	M	P	H	Y	S	I	C	A	L	A	Q